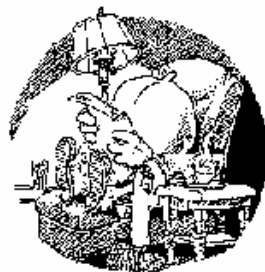




The Garbanzo Gazette

September 26, 2003



Growers Market's Weekly Newsletter

Dry Goods

Ah... Autumn... Ahhh. Got a few new things. O tamari sunnies, stevia powder & concentrate, bulk O sesame oil, Oregon coast seaweed, OG white wheat tortillas & as usual a few things I can't remember. I can remember to ask folks to please be careful when doing special orders -- please follow the posted instructions. Thanks I can also remember to express my thanks to the coordinators, strawbosses, board members and working volunteers (Hint you should be somewhere on that list). You all are needed here and you all help make growers the amazing place it continues to be. Please take a moment to say hello and thanks to all these folks. And all of you who regularly thank me -- it is a pleasure. Be well, be happy & smile!

-Sue

Growers Garage Sale Saturday September 27th

9:00am-4:00 pm. 220 East 34th Avenue (Nathan's house) Money will benefit the Growers Market wheelchair lift loan. If you have items you'd like to donate you can drop them off at Nathan's house on Sept 25th or 26th in the evenings or call Rodney at 942-3221 to have them picked up before then. Questions? contact Megan 342-1537 or Nathan 302-3205. Please come and buy things!

RM. AVAILABLE AT WALNUT ST. CO-OP

One room open in community household starting Oct. 1. It's a big, beautiful house, with 9 bedrooms, 2 living rooms, 2 kitchens, 4.5 bathrooms, and more. If a couple wants to move in we could offer a really big room, but even our regular-sized rooms all have windows, closets, etc. There is a sunny shared office, garage workshop space, and more. We also have a vegetable garden with room for expansion in the front yard, and established apple and pear trees in the back

yard. We share dinners Mon-Fri, with each person cooking one night a week. We share a vision of progressive social change founded in holistic rather than adversarial politics. We enjoy each other's company, while allowing each person lots of space for independent projects and outside friendships. We serve as a networking node for a variety of people and organizations in Eugene and elsewhere. Interests of current residents include music, herbalism, teaching kids, group process, community development, chaos theory, co-counseling, permaculture, tai chi, and more. We are especially interested in finding long-term folks (at least a year), but will also consider people who are shorter-term. We want responsible, clean housemates with good communication skills. We are a diverse group, queer-friendly, with a current age range from 21 to 59. Rent is \$325/month plus utilities, and \$110 for food (almost all organic).

LET'S TALK FOOD!

You are invited to attend one of 5 community food forums being held in Eugene and Springfield in the coming weeks. We'll talk about food: quality & nutrition; how it gets to us, and what choices we have for making our community more food secure. These forums will lead to the creation of groups dedicated to taking action on local food issues.

Choose from one of the following dates:

- Sept. 29th Thurston High School Library, 333 58th St. 6:30-8:30pm
- Sept. 30th Campbell Senior Center, 115 High St. 6:30-8:30pm
- Oct. 1st Sheldon Community Center, 2445 Willakenzie Rd. 6:30-8:30pm
- Oct. 1st Willamalane Senior Center, 215 W. C St. 6:30-8:30pm
- Oct. 2nd Westmoreland Boys & Girls Club, 1545 W 22nd 6:30-8:30pm

For more information call Susan Bowie 343-2822
Sponsored by FOOD for Lane County and the Lane County Food Coalition

(Let's Talk Food Con't)

Description: Across the country there is growing interest among individuals and communities in the following questions: Where is our food coming from? Are our children eating healthy food? Do local farms and food businesses have the support that they need? Is everyone able to get enough food? How does our food get transported to us? What would happen to our food system in the case of a disruptive event (power outage, flood, etc.)? Can consumers get the type and quality of food that they would like? How can we make our local food system stronger as a community? The Let's Talk Food Forums will bring community members together to discuss these questions and assess the state of food in Eugene and Springfield.

GROWERS MEETINGS: I've asked for the Growers board to discuss the possibility of the co-op being open for shopping on Tuesdays, say from 4:30 to 7:30 pm. Perhaps someone could buy a limited amount of produce for Tuesday at the Farmers' Market or at Organically Grown Co-op. The next two board meetings are set for Wednesday, October 1st (in the co-op) and Wednesday, October 15th at 6 pm (upstairs). All are welcome to attend. In other news, Wendy Loren is the new Growers board secretary. We have hired Jan Nelson and Edward Winter to be co-managers of the Growers Market Building.
-Milton Takei

Housemates wanted

We're looking for someone (or a couple) to share our new home. It offers lots of natural light and huge a huge yard with plenty of garden space. Future projects include: straw bale/cob, a greenhouse, a pond, garden beds, etc. The larger room is 10'x11'. the smaller is 8'x9'. Both have wood floors, closet and windows. We'll share a large kitchen, two living rooms, two bathrooms and office space. Also available are: washer/dryer, freezer, hot tub, wood stove & piano. We're looking for long-term commitment, preferably 1yr+ and are asking \$350/mo for the larger room, \$275 for the smaller (includes utils), + deposit. The house is on a very quiet street in the River Rd area, just a few blocks from Emerald Park Rec Center and pool. It's a ten-minute bike ride along the river path to downtown. Call Tanja or Zorba at 343-0574.

Cascadia Wildlands Project's 2nd Annual HOEDOWN for the Ancient Forests featuring the Foghorn String Band with caller Bill Martin
* Friday, October 10 *

Come on down to the second annual hoedown benefit for the Cascadia Wildlands Project. Its time to kick up yer feet, swing yer pardner and get merry to help save Cascadia's remaining ancient forests! The event will feature the foot-stomping live bluegrass music of Portland's Foghorn String Band with caller Bill Martin. All proceeds go directly to the ancient forest protection campaign of the CWP. This is not an event to miss!

When: Friday, October 10th, 6 pm: Food & Drink
* 7 pm: Square Dancing
Where: Avalon Stables, 80143 Hazelton Rd, Cottage Grove (turn at mile post 5 on Cottage Grove/Lorane Highway)
Cost: \$15-\$100 in advance (contact the CWP), \$20-\$100 at the door. Contact us if you'd like to volunteers. Shuttle Bus: Will leave Growers Market (454 Willamette Street) at 5:30 pm and return to Eugene at roughly 10:30 pm.

Housemate Wanted

To share bright healthy home near River Road bike path and bus. Private yard with organic gardens, fruit, greenhouse, open kitchen, hardwood floors, gas heat, washer/dryer. Share honest, compassionate communication with professional female and friendly dog. No smoking, no other pets. ☺ \$340/month ∞ Please call Jen @ 914-2225 Thank you, Namaste, available in October ☺

This newsletter was edited by Anuradha Shivanand and published by The Little White Dog. Send comments or article submissions to garbanzo@efn.org. If you don't have computer access, you can put articles in the garbanzo box at growers. Newsletter copy deadline is 5:00 pm Tuesday. Market hours are Thursdays 2:30 to 7:30 pm and Fridays 3:00 to 6:30 pm. An orientation to Growers is held each Thursday at 1:30. The Growers email list includes an electronic banzo, events notices, and other misc. info.