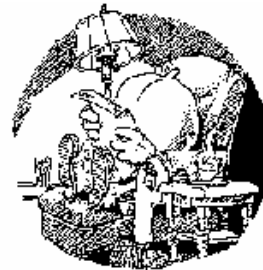


# The Garbanzo Gazette

December 11, 2003



Growers Market's Weekly Newsletter

## HOLIDAY HOURS

December 24 2:30-7:00 Wednesday

December 26 3:30-6:30 Friday

January 1, 2003 normal; January 2, 2003 normal

Just a reminder to not forget about the **annual growers market garage sale fundraiser** that will happen come spring. It's that time to start a box in your home to be filled with all those extra what nots for the sale. so don't forget to save stuff. Thanks all, growers fundraising committee.

## HELP WITH GROWERS INVENTORY

Growers needs lots of help with our year-end inventory-- we need to calculate how much money we have tied up in goods. This year, the inventory will be on Sunday, December 28th, starting at 10 am, but you can come at 11 am, noon, or 1 pm. You can work only an hour, or more than an hour. No experience is necessary, and strawboss credit is available. If you can help, just show up at the coop on the last Sunday of 2003 --Milton Takei

## GIVE US THIS DAY OUR DAILY FRANKENBREAD

Next GM Product to Hit Market Could Be Your Daily Bread:

The stakes in the debate over genetically modified (GM) food are about to jump significantly, as the U.S. Food and Drug Administration prepares to complete a safety and nutrition review of wheat that has been genetically altered by biotech giant Monsanto. To date, GM crops have largely been used as animal feed and processed food ingredients, such as corn syrup. Wheat, by contrast, is a diet mainstay for many of the world's people, and where it goes, the other mainstay -- rice -- is likely to follow. Advocates say GM varieties of common human foods would have longer shelf lives, reduce farm labor and pesticide use, and stave off hunger. Critics counter that too little is known about the long-term safety of GM crops, and they question the wisdom of putting the fate of the world's staple foods into the hands of biotech companies. Doug Quirk by way of The Sacramento Bee, Mike Lee, 05 Dec 2003

[http://www.gristmagazine.com/forward.pl?forward\\_id=1793](http://www.gristmagazine.com/forward.pl?forward_id=1793)

**HI FOLKS. I NEED SOME HELP.** My dryer broke over the weekend. I am a carless, single parent and there is no laundromat in my neighborhood. I am wondering if anyone with any mechanical/electronic skills could check out this machine and tell me what you think. Any help would be greatly appreciated --  
Jade Rain~Crow 688-8371  
2256 Roosevelt Blvd  
e-mail: [scarletmagnolia13@yahoo.com](mailto:scarletmagnolia13@yahoo.com)

**LIVING EARTH HERBS**, 385 W. 3rd Ave., Eugene, is sponsoring several classes/speakers--Sat Dec 13<sup>th</sup> Donald Yance, CN, MH, AHG, is lecturing on topic of "Herbal Adaptogens: Ageless Aging" at 6pm. He's founder of the Centre for Natural Healing in Ashland, and author of Herbal Medicine, Healing, and Cancer, as well as a forthcoming book on adaptogens; an excellent practitioner, speaker, and healer, we hope you will join us for what promises to be an enlightening evening.' Space limited-- prereg at 345-7744. \$10 for materials. Winter class schedule, Monday nights in Jan and Feb at 7pm, is a mixed bag--call 345-7724 for more details and to register. Free. I'll get a hold of you by phone to make sure you're getting these--several of my mailings have gotten lost. Sharon, 343-507

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## WHO WILL BE OUR HOUSEMATES?

Tanja and Zorba, Growers folks, are looking for one person or a couple to rent the large family room in our home. The room measures 14' x 31' and has newer carpeting, wood stove, french doors, lots of natural light, private bathroom and private entrances. We'll share the kitchen and laundry room. Chest freezer and some garage storage space also available. A large sunny yard offers plenty of organic gardening potential. We are respectful of privacy and are community-oriented, as well. We prefer a 1-year commitment and are asking \$500/mo plus utils + deposit. Available now! The house is located on a quiet street in the River Rd area, five blocks from Emerald Park Rec Center. It's a ten-minute bike ride along the river path to downtown, and close to bus lines. Call 343-0574.

## **ART AND CRAFT SALE AND SHOW**

**this Thursday, December 11<sup>th</sup> 4-9 pm**

2458 Monroe Street. Come one and all for an evening of looking at candles, clothing, bowl gourds, wall hangings, prints, paintings, fairy furniture, jewelry, and more! Stay to make things, eat things, and hang out with good folks. Everybody is encouraged to bring friends, instruments, ongoing craft projects, snacks, and items to display, sell, barter, trade, etc...

## **SHOP AT DOWN TO EARTH AND SUPPORT NCAP!**

If you have shopping to do for home and garden products, shop at Down to Earth on Wednesday December 17th, to support the Northwest Coalition for Alternatives to Pesticides. 5% of sales on that day will go to NCAP. The benefit will happen at both stores. Stores are open from 10am-6pm on that day, and are located at: 532 Olive St. in Eugene and 2498 Willamette St. in Eugene. If you have questions call: Down to Earth, Olive Street store 342-6820 or Willamette Street store 349-0556 Or NCAP at: 344-5044 ext. 20 and ask for Megan

## **CUSTOM-MADE RECUMBANT FOR SALE**

The owner of the bike is donating full \$ amount of the sale to the Northwest Coalition for Alternatives to Pesticides. So, the lucky someone out there that purchases this bike for themselves, or as a gift, will also be helping support the critical pesticide reform work of NCAP. What more could a new recumbent bike owner want??????? Here are the details:

**Custom-Made Recumbent Bike ---- just like NEW.** \* Lightly used two-wheel bike in VERY GOOD CONDITION! \* Internally geared \* Size = large \* Custom-made by Human Powered Machines (Center for Appropriate Transport) \* Design = "The Trick" \* Color = red \*\*\*\*\* \$700 Or Best Offer

If interested contact Pollyanna at: 344-5044 ext 17 or email at [polly@pesticide.org](mailto:polly@pesticide.org) (come on down to the NCAP office and check out the bike). It is a great bike.

## **OPEN MARKET POSITIONS**

Seeking individuals interested in volunteering for open positions in market. Committing to a regular position means you never have to worry about pumpkins, you meet new – and always interesting- folks, and you receive food credit for your work. Here's what's available right now:

- Thursday evening coordinator 4:30-8:30 (or until your done counting)
- Anyone interested in cheese crew??? Tuesday 6-8 every other week!?!?

If you are interested at all please leave a note in Joanna's box behind the register at market or you can call on Tuesday between 4:30-7:30 with questions there will be more follow up but please let us know as soon as possible if you are interested.

## **GROCERY DELIVERY BY BICYCLE**

Holy Hades! Short on parking, long on lifestyle. I am gauging interest in a grocery by bike delivery service. If you are interested in having the freedom to shop at market and having me bring your groceries home by bicycle, call me: Mason @ 689-0360.

## **ANNUAL EUGENE PERMACULTURE GUILD SOLSTICE GATHERING**

Weds, Dec 17<sup>th</sup> @ Steve & Sharon's – 789 Cherry Ave, off Park Ave, near NW Expressway in the River Road area. Bring a potluck dish, ingredients labeled; your own service, and a towel for the hot tub. 6:00-9:00pm

*This newsletter was edited by Anuradha Shivanand and published by the Little White Dog. Send comments or article submissions to [garbanzo@efn.org](mailto:garbanzo@efn.org). If you don't have computer access, you can put articles in the garbanzo box at growers. Newsletter copy deadline is 5:00 pm Tuesday. Market hours are Thursdays 2:30 to 7:30 pm and Fridays 3:00 to 6:30 pm. An orientation to Growers is held each Thursday at 1:30. The Growers email list includes an electronic banzo, events notices, and other misc. info.*