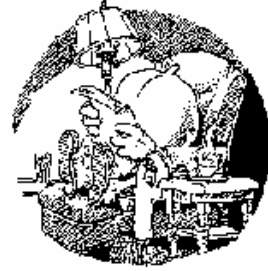




The Garbanzo Gazette

February 26, 2004



Growers Market's Weekly Newsletter

GROWERS BOARD NEEDS NEW MEMBERS!

We will soon be electing our new board of directors for Growers Market, Inc. The board meets twice a month upstairs in the Growers Market building. The Board of Directors are stewards, guided by the mission of Growers Market. Board members are responsible for following (and changing if necessary) bylaws and policies, overseeing finances, and actively participating in the process of maintaining the organization, which includes the food co-op, offices for social and environmental change groups and the restaurant (currently Red Agave). The Board receives consensus training early in each new term. If you are interested in serving on the Board of Directors, please contact any current board member: Nathan 302-3205; Aya 685-1047; Rodney 942-3221; Zorba 343-0574; Wendy 344-7534; or Denny 686-2567. To be elected a board member, and to vote, you must attend the annual meeting in April 2004, upstairs at the Growers Market. The exact date and time will be announced.

MARCH GROWERS MEETINGS

The Growers board of directors has scheduled its March meetings for Wednesday, March 3rd at 7 pm, Thursday, March 18th at 7 pm, and Wednesday March 31st at 6:30 pm. All are welcome to attend. People who might consider joining the board in April might wish to come to a meeting to experience the process. The meetings will be upstairs in the public area of the Growers Market Building.
--Milton Takei

BEING GOOD NEIGHBORS

Please remember that our neighbor, Central Print, needs to be able to drive their trucks through their alley way and behind our cars to Willamette Street. If we park so that they can't get through, our relationship suffers. We need this good relationship to continue, because we keep having projects (usually plumbing) that we work on together.

DEAR LOYAL GENESIS JUICE FANATICS,

Your calls and emails are well received! So, by popular demand, the members at Genesis juice have decided to make at least make one more batch of carrot juice. We will only be selling juice through a pre-pay, pre-order basis. We will be open 11-5 next Tuesday, March 2nd to take your orders of 1 quart or more of fresh raw Carrot Juice. However, we need to know what your order will be in advance. So please call us (344-0967) or email us (genesis@efn.org) with your order, first and last name, and a way to reach you. If you can't make it to our warehouse at that time on Tuesday send a friend or call and we will try to work something out. We may make extra if we can. If this works well we will try to continue to provide this service to you! Since we only have carrots left to juice, so that's the only flavor we are producing for now. We want to know what other varieties you would like to order through a subscription service for the future. Please share them with us by emailing, calling or just dropping in at our warehouse (325 w 3rd Suite B). Your juice will be ready for pick-up at our warehouse location only on Thursday from 11-5. Thank you for your continued support! Together we will continue to keep ourselves happy and healthy! Much love,
The Worker-Owners of Genesis Juice Cooperative

GROWERS E-MAIL LIST

If you are interested in Growers happenings related to either the co-op or the upstairs offices, you might wish to subscribe to the Growers e-mail list. You can use the following internet address to subscribe: <http://mailman.efn.org/cgi-bin/listinfo/growers>.

WANTED: OLD STEREO SPEAKERS

for older '70s stereo system, and Champion Juicer. We lost some of our belongings in a flooded basement while they were in storage. Price negotiable. June (Thurs 6-8 Cashier) 954-6367

TO LEACH HIS OWN

Nalgene Water Bottles May Be Hazardous to Your Health. Here's some bummer news for the outdoorsy set: Recent studies have shown that polycarbonate plastics, including the kind used in popular Nalgene water bottles, may leach one of their constituent chemicals into water. The chemical in question, bisphenol-A, has been shown to cause chromosomal disorders and endocrine disruption and to have adverse effects on prostate development and tumors, breast tissue development, and sperm count – in rodents. Nalgene says that no health problems have been demonstrated in human beings. Still, John P. Meyers, environmental health expert and coauthor of a book on endocrine disruptors, says, "I personally recommend avoiding polycarbonate plastics -- don't let them come into contact with your food or water. I think the science is strong enough to justify precautionary measures today." What's next -- carcinogenic Therm-a-Rests? Is nothing sacred? straight to the source: The Daily Barometer, Brenna Doheny, Feb 18, 2004 <http://www.gristmagazine.com/cgi-bin/forward.pl?forward_id=2028>

STRONG WORKERS WANTED

I'm in need of about 6 people to help haul a load of building blocks from my front yard to my back yard on Saturday, February 28th. The blocks weigh between 15 and 90 lbs each, and will be traveling about 50 yards by foot and wheelbarrow.

As this goes above and beyond the normal 'call for volunteers' to help, I'm offering cash: \$8.00/hr. If you have borrowed my truck or other equipment in the past or would like to build 'credit' for the future and would like to help now, that would be appreciated.

Here's how it will work: The delivery is scheduled to arrive Thursday afternoon. If you are available, call me Thursday evening or Friday evening to confirm. Please do not 'just show up' without calling first.

We'll start @ 1:00pm on Saturday, unless it is raining hard. Bring your own gloves. Other dates in case of rain or delivery problems are Sunday 2/29 or Sat 3/6

Steve Shapiro

689-7579

789 Cherry Ave, River Road area, off Park Ave,
near NW Expressway.

LET ME BE YOUR HANDYPERSON

Would love to help haul, clean, do yard work and possibly other chores. Am clean, organized and have a positive attitude. Please call and leave message, 343-0849

This newsletter was edited by Julie Fischer and published by the Little White Dog. Send comments or article submissions to garbanzo@efn.org. If you don't have computer access, you can put articles in the garbanzo box at growers. Newsletter copy deadline is 5:00 pm Tuesday. Market hours are Thursdays 2:30 to 7:30 pm and Fridays 3:00 to 6:30 pm. An orientation to Growers is held each Thursday at 1:30. The Growers email list includes an electronic banzo, events notices, and other misc. info.