

The Garbanzo Gazette

September 16, 2004





Growers Market's Weekly Newsletter

OFFICE FOR RENT

Growers Market has an office for rent. Preference will be given to non-profits involved in socially progressive and/or environmental efforts. The office is 445 square feet. Rent is \$260 per month. Groups interested in applying need to fill out a tenant application. Applications and additional information are available from the building managers in Room 212. The phone number for co-building managers Jan Nelson and Edward Winter is 687-8648. - Milton

PUBLIC SCHOOLS STARTING TO OFFER **ORGANIC LUNCHES**

Healthy, organic food is increasingly popping up in, of all strange places, school lunches. The Seattle school district recently banned junk food and exclusive soda contracts (despite the big dollars dangled by soda companies) and started urging schools to offer "fresh, local, organic, nongenetically-modified, non-irradiated, unprocessed food, whenever feasible." A handful of California school districts also have organic lunch programs, and schools in six states are installing vending machines stocked with all-organic snacks, thanks to a program sponsored by organic yogurt company Stonyfield Farm. Lincoln Elementary in Olympia, Wash., put in an all-organic salad bar, while cutting per-lunch costs by two cents, in part by -- are you sitting down? -- eliminating dessert. "Our kids don't need dessert -- they have all this great fruit. It's not like kids don't get sugar," said Lincoln Principal Cheryl Petra, demonstrating how odd a sane voice sounds in a crazy world.

Seattle Post-Intelligencer, Associated Press, Rebecca Cook, 13 Sep 2004 http://www.grist.org/cgi- bin/forward.pl?forward_id=3037> Seattle Public Schools press release, 03 Sep 2004 http://www.grist.org/cgi- bin/forward.pl?forward_id=3038>

THE GREAT RACIAL DIVIDE

The attitudes of white, middle class people toward people of color create a great racial divide in the United States that has an all-important impact on politics. Because of the failure of U.S. policies in Iraq, George W. Bush can only win in November if he succeeds in making use of white suburban voters' fear of terrorists whom they racialize as being people of color. At some level of their consciousness, white people know that people of color might retaliate for past wrongs. African Americans can be as patriotic as anyone, but they would not be aroused by the elements of political appeals that activate fears that terrorists are attacking white privilege. White people need to take control of their fears and resentments; if they don't, the wars in Afghanistan and Iraq could only be the beginning. Centuries of racist violence might end in a global settling of accounts that is beyond the worst nightmares lurking in the white subconscious.

--Milton Takei

TINY TOTS OPEN HOUSE

This is a repost with a date correction. The open houses will be on Tues., Wed. and Thurs. (9/14 -9/16). There will be NO open house on Friday as previously posted. Instead a Tuesday open house has been added.

A non-profit, indoor playground co-operative for children aged 0-5 is holding a FREE OPEN HOUSE Tuesday, Wednesday, and Thursday (September 14, 15,&16) from 9am to Noon and on Thursday the 16th they will also hold an evening open house from 6:30pm to 8pm. Come check out the indoor playground and let your children play on the climbing structures, merry go round, balance beam, trampoline, slides, kitchen set, tricycles, scooters, play vehicles and much more. Special area set aside for babies to safely play, and areas for moms, dads or caregivers to relax. Snack room, bathrooms and water fountain accessible. 2200 Coburg Road (just south of Beltline) located inside of Our Saviour's

Lutheran Church (no affiliation). Questions? Jennefer @ 302-1518 or @ JenneferH2000@yahoo.com

ATTACHMENT PARENTING AND UNSCHOOLING WORKSHOP

Jan Hunt, author of The Natural Child, offers a workshop on Attachment Parenting and Unschooling Saturday September 25, 1 to 4 p.m. at the Spiritual Growth Center, 390 Vernal Street. Tickets are \$20/person, \$30/couple. Reservations and Directions http://www.naturalchild.org/workshop.html. Reservations can be made with a credit card by phone toll-free at 866-593-1547. Tickets can be purchased at the door as space allows. To check on space availability, please call 541-408-2421. If you have any questions, write to me at jan.hunt@naturalchild.org.

EUGENE AREA UNSCHOOLERS!

Connect online at:

http://groups.yahoo.com/group/EugeneAreaUnschoolers What is UNschooling? Unschooling is not homeschooling. Unschooling means NO school. Child-led, natural learning. Learn about Unschooling at: SandraDodd.com/unschooling.html
WWW.unschooling.com

HERBALS AND SHAMANS

We will be offering the following courses privately as well as two free lectures on Chinese Herbalism at the Health and Well-being Conference on Sunday, September 19th, during the Eugene Celebration. Also look for our other classes in the LCC Fall catalogue. All classes meet at GivingTree Farm Herb Co. 1490 Jefferson St., Eugene, unless otherwise noted.

1. WEEDS OF THE SEA: AN OVERNIGHT ADVENTURE

Gathering Edible & Medicinal Sea Vegetables Saturday, September 25th, 5:00 pm - Sunday, September 26th, by or before 3:00 pm At the Oregon Coast

2. THE ELEMENTS OF AUTUMN HERBALISM APPRENTICESHIP: An Introduction to Western Herbalism & Classical Chinese Medicine

Sunday, October 3rd through Monday, November 22nd. The program will meet for Sunday all day field trips and Monday night lectures.

3. INTRODUCTION TO SHAMANISM WORKSHOPS: Animal, Vegetable, Mineral & Spiritual. Four Thursdays in October; 7th, 14th, 21st and 28th 6 - 9:00 pm

For more information, contact Lawrence Birch and Wendy Loren, Phone: 344-7534 email: givingtree@earthlink.net

GROWERS OPEN ON TUESDAYS: You can now shop at Growers on Tuesdays from 5 to 7 pm. Just as on Fridays, nothing will be pre-order

This newsletter was published by the Little White Dog. Send comments or article submissions to garbanzo@efn.org. If you don't have computer access, you can put articles in the garbanzo box at growers. Newsletter copy deadline is 5:00 pm Tuesday. Market hours are Tuesdays 5-7pm; Thursdays 2:30 to 7:30 pm and Fridays 3:00 to 6:30 pm. An orientation to Growers is held each Thursday at 1:30. The Growers email list includes an electronic banzo, events notices, and other misc. info. Growers Market: 687-1145