

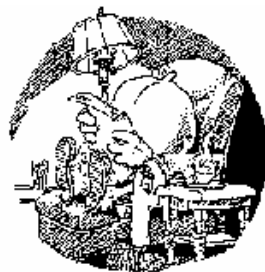


The Garbanzo Gazette

September 23, 2004



Growers Market's Weekly Newsletter



GARAGE SALE TODAY! We are having a garage sale in the parking spaces in front of Growers. It will be a bit of an inconvenience for the 2 or 3 people who might park there but it's for the wheelchair lift fund, so come by and buy some stuff. – Tyler Derden

GROWERS – COORDINATOR OPENING

Co-Coordinator Shift Thurs 12:00-4:30 is available. Call Rachel @ 687-6727 for details.

GROWERS MEETINGS: The next two Growers meetings (board meetings) are set for October 6th at 7 pm; and Monday, October 18th at 7 pm. We like to have the meetings at the round table upstairs, but could possibly go down into the co-op or elsewhere. All are welcome to attend.

--Milton Takei

HIDING BEHIND THE PACKAGES

The topic of where our packaged goods come from surfaces from time to time, so I did some homework to find out who owns who (or is it whom?):

- * General Mills owns Muir Glen and Cascadian Farm
 - * Heinz owns Hain, Breadshop, Arrowhead Mills, Garden of Eatin', Farm Foods, Imagine Rice (and Soy) Dream, Casbah, Health Valley, DeBoles, Nile Spice, Celestial Seasonings, Westbrae, Westsoy, Little Bear, Walnut Acres, Shari Ann's, Mountain Sun, and Millina's Finest
 - * M&M-Mars owns Seeds of Change
 - * Coca-Cola owns Odwalla
 - * Kellogg owns Kashi, Morningstar Farms, and Sunrise Organic
 - * Philip Morris/Kraft owns Boca Foods and Back to Nature
 - * Tyson owns Nature's Farm Organic
 - * ConAgra owns LightLife
 - * Danone owns Stonyfield Farm
 - * Dean owns White Wave Silk, Alta Dena, Horizon, and The Organic Cow of Vermont
 - * Unilever owns Ben and Jerry's
- Steve

WORM BINS AVAILABLE

The School Garden Project has several 3-tier stacking worm bins for sale at a discount price.

New bins are available at \$35. These same bins retail for about \$85 at Down to Earth and \$100 in the catalogs. We

also have a few used ones for sale

at \$15, which is a great bargain. They work great inside classrooms. If you're interested e-mail sgp@efn.org.

DO YOU LOVE WILD FORESTS?

People of the Northwest: Stand up for your forests!

Friday, September 24, 4-10 pm * Portland, OR

* Friday, September 24, 4-10 PM

* Pioneer Courthouse Square, Downtown Portland, Yamhill & 6th

* Inspiring Speakers * Good Food * Great Live Music

Do you love wild forests, wild rivers, and big, ol' trees?

Apparently, the Bush Administration doesn't. They've been busy rolling back protections for

our region's greatest assets: ancient forests, roadless areas,

wild salmon, and clean water. It's time to stand up and

speak out for the places we love! Let's make history! For

more information or to volunteer, contact Ivan Maluski at the

Sierra Club 503-243-6656, x304

CALL TO ARTISTS

Possum Place - Be part of artist community. Live, work & sell from gallery. Whiteaker. 1 bedroom house available for rent - \$550. plus deposits, utilities. Also, 1 bedroom in shared house. \$250. Call for application. 683-0626.

-- Sterling and Ruth

2004 ELECTION AND BEYOND, "WHAT'S AT STAKE"

Free Event Saturday Sept 25th at 2:00pm at Lane Community College main campus 4000 E 30th Ave. Performing Arts/Theater Auditorium – An Afternoon with Daniel Ellsberg, Media Benjamin and Norman Solomon.

GROWERS OPEN ON TUESDAYS: *You can now shop at Growers on Tuesdays from 5 to 7 pm. Just as on Fridays, nothing will be pre-order*

This newsletter was published by the Little White Dog. Send comments or article submissions to garbanzo@efn.org. If you don't have computer access, you can put articles in the garbanzo box at growers. Newsletter copy deadline is 5:00 pm Tuesday. Market hours are Tuesdays 5-7pm; Thursdays 2:30 to 7:30 pm and Fridays 3:00 to 6:30 pm. An orientation to Growers is held each Thursday at 1:30. The Growers email list includes an electronic banzo, events notices, and other misc. info. Growers Market: 687-1145