



The Garbanzo Gazette

November 4, 2004



Growers Market's Weekly Newsletter

THE DAY AFTER THE DAY AFTER.....

I went to bed early on election night, discouraged. In my dreams, I screamed and cried at the outcome. But then morning came, and I felt nothing. Working, taking care of kids – I haven't had a chance to reflect till now. Moveon.org tried to console me:

"Our journey toward a progressive America has always been bigger than George Bush. The current leg is just beginning -- we're still learning how to build a citizen-based politics together. But it's a journey our nation has been on for a long time. As Martin Luther King, Jr. said, 'The arc of history is long, but it bends toward justice.' Today, we'll take a breath. Tomorrow, we'll keep moving toward the America we know is possible."

I found solace in the reflections of reporter Silja Talvi in Washington State, who wandered into a café on the night of November 2 and heard someone shout:

"No matter what the outcome, you need to realize that voting for Kerry is not your most revolutionary act." The crowd roared in agreement. (from altnet.org).

GROWERS MEETINGS

The next Growers meetings (board meetings) will be: (1) Monday, November 15th, at 7 pm (2) Monday, December 13th, at 7 pm (3) Monday, December 20th, at 7 pm. The next co-op coordinators' meetings are set for Tuesday, November 16th, at 7 pm. The meetings should be at the round table upstairs in the Growers Market Building, or downstairs in the co-op. All are welcome to attend.

THANK YOU SO MUCH MILTON, for keeping us a bit more connected as a community, especially today....

Yes, the sun did come up, market is on Thursday, and growers will keep having meetings. 8-) I really am grateful to all those who have sustained our food co-op over the years; and to all who make it happen each week. peace and hope -- Jeanine

SOME DRY GOODS NOTES

Mountain Peoples has discontinued ("Disco'd") a number of items over the summer. Some of the items may still be available through their North Carolina warehouse. An order from there may be here in the next two weeks. Annie's bulk salad dressings may yet return. Some of the Big Bag Nature's Path cereals are not available right now. No word on if this is permanent or a packaging change. Peanut butter is out of stock! Remember the hurricanes?? So we'll order more tahini and almond butter. Flexibility? We will be getting three coffee blends from Cafe Mam.

Thanks for asking. If there are items you would like to buy here please let me know. (It would help if you try and ask while I'm working, not while I'm shopping. My short term memory is walking around by itself again.)

Thanks, Sue

THE BIODYNAMICS CONFERENCE OF OREGON is sponsoring "What Research Practices Reveal About the Significance of Biodynamic Insights," beginning with a dinner and main speaker talk Friday evening; Saturday is workshops (8:30-3pm) including fermentation (Brian Williams), "Nutrition with Ilsa," and "Composting for Commercial Farm Management Operations," among others.

Talks (3pm-on) on Saturday include one by the Demeter Organization; Sunday morning is the organization meeting, with field trip in the afternoon to Mazzi Hernandez' long horn/herb/veggie farm (conference food catered by Mazzis also). The entire weekend is \$100, with individual workshops and talks \$7 each. Contact Robin Winfree at Waldorf School, 1350 McLean Boulevard, Eugene, at 683-6951 for more details/registration.

POWER TO THE PEACEFUL 2005!

Don't know what to do to stop this madness? The folks at the Morning Glory Café decided to "just do something!"

They have put together a calendar for 2005 featuring the owner and employees in various stages of nudity. All profits from the sale of this calendar will be donated to Eugene Peaceworks. The calendar is for sale at Morning Glory Café, Sweet Potato Pie, Growers Market, High Priestess Piercing, and Mother Kali's. It sells for \$12.00. Most people have a calendar in their homes and workplaces. How about a fun one that supports a great cause?

And please continue to do what-ever you can to end this madness.

GROWERS OPEN ON TUESDAYS: *You can now shop at Growers on Tuesdays from 5 to 7 pm. Just as on Fridays, nothing will be pre-order*

This newsletter was edited by Julie Fischer and published by the Little White Dog. Send comments or article submissions to garbanzo@efn.org. If you don't have computer access, you can put articles in the garbanzo box at growers. Newsletter copy deadline is 5:00 pm Tuesday. Market hours are Tuesdays 5-7pm; Thursdays 2:30 to 7:30 pm and Fridays 3:00 to 6:30 pm. An orientation to Growers is held each Thursday at 1:30. The Growers email list includes an electronic banzo, events notices, and other misc. info. Growers Market: 687-1145