

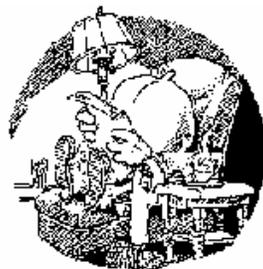


# The Garbanzo Gazette

February 10, 2005



Growers Market's Weekly Newsletter



## THE BULK BINS OF/ARE HISTORY

This week we said goodbye to the bulk bins we got from Solstice bakery and that have been idle for the past few years due to moth infestation (notice empty space at back of market). The folks at Bring Recycling are very happy to put them to use. A special thanks goes out to superhero Michael C for all the work he put into trying to make the bins work, following through on agreements and taking them over to Bring on his bike cart. **YOU ROCK MICHAEL!**

## SUPER BOWL SUNDAY AT GROWERS

A big thank you to the cooler crew, who spent countless hours taking the old Red Agave walk-in cooler out and building a new one over the weekend. Thanks to Nathan, Justin, Leo, Wilsey, Michael, Rich, Jan & Edward, and Doug for showing some huge co-op spirit. Special thanks to Nathan for the use of his b/w widescreen plasma t.v. for watching the Superbowl during the work party, in classic Growers fashion.

## GROWERS

The Growers Board meeting for February is set for Monday, February 21st at 8 pm. The meeting will be at the round table upstairs in the Growers Market Building, unless we move them downstairs into the co-op. All are welcome to attend. --Milton Takei

We need **2 Strawbosses to help with closing on Thursdays (7.30pm)**. One for produce and one for bulk oils area. Each is approx. 1 hour. Please contact Nathan if interested: 302-3205

We need another **bulk oil Strawboss** for opening on Thursdays. It is about 1 hour of work sometime between noon and 2.30pm. Please contact Mimi: 337-4228

## NW EARTH INSTITUTE DISCUSSION GROUP 'Choices for Sustainable Living' Intro Meeting

Each of us makes choices that have an impact on the earth. We can choose options that are more sustainable than others. Participants consider steps toward ecologically sustainable lifestyles, communities, and organizations. Topics covered in nine sessions include: A Call to Sustainability ~ Ecological Principles ~ Sustainable Communities ~ Sustainable Business and Economy ~ Sustainable Food ~ Sustainable Buying ~ Sustainable Living ~ Visions of Sustainability ~ Celebration.

Our first meeting will be on **Sunday Feb. 13th from 2 -5pm at the Tiara community room** (heading West on 28th turn left on Adams, right on Tiara, and turn right into the Tiara community cul de sac. Look for **935 Tiara** - 3rd house on the right - and find the community room in the rear).

At this introductory meeting, Jennifer Olsen and Per Kielland-Lund, experienced NW Earth Institute volunteers, will explain the course and how it works. Everyone who wants to participate can sign up and the date for the first session is then set based on the time availability of committed participants.

**Invite friends, neighbors, or anyone you think could be interested for this introductory meeting!** We are looking forward to meeting you all! Mimi and Gary Delfiner 337-4228 or [midel\\_4@hotmail.com](mailto:midel_4@hotmail.com)

## AWARENESS TRAINING For Counselors, Healers, Mediators and Workshop Leaders/ Assistants

Awareness is a vital component of seeing deeply into any situation and for stepping out of our ego-self while leading processes, mediating, healing, and counseling. In this class we will practice awareness of self, others, and community through a variety of mediums. It is an experiential class and participation

in the exercises is a key component. The class runs for 6 weeks, meeting once a week for 3 hours and will begin this Sunday, Feb 6th from 1:30-4:30pm at the McNail-Riley house (601 W. 13th in Eugene). No texts required. Bring a journal. Please RSVP. Class size is limited to 15 people. Tuition: donation. (As of today, Thursday, there are still a few spaces available.) Please contact Teryani ([teryani@welcomehome.org](mailto:teryani@welcomehome.org)) with any questions, comments, or RSVP's. Hope to see you there!

### **HERBAL MEDICINE CLASS**

This 6-week class explores plant-based medicine in the home and garden of a growers market herbalist. Classes start February 13th and will develop basic skills in plant identification, cultivation, ethical wildcrafting, medicine making, and terminology. Each week also includes a tea with in depth examination of that herb. Second level will begin in April. Call Jaci McKamey at 349-5362.

### **CAR SHARE**

Seeking a few more drivers to share our biodiesel car. Call 434-6347

### **TAKE BACK YOUR TIME'S NATIONAL COORDINATOR TO SPEAK IN EUGENE**

John de Graaf, co-author of the book, AFFLUENZA: THE ALL-CONSUMING EPIDEMIC and co-producer of the PBS TV series, AFFLUENZA, will be speaking in Eugene on Wednesday, February 16 at 7 pm at Cozmic Pizza, 199 W. 8<sup>th</sup> Avenue, Eugene.

De Graaf is currently the coordinator of TAKE BACK YOUR TIME ([www.timeday.org](http://www.timeday.org)) a national campaign challenging over-work, over-scheduling and time poverty in America. His talk will explore the impacts of overwork in the US on health, family and community life, children and the environment. He will present the six-point public policy strategic initiative advocated by TAKE BACK YOUR TIME and argue that the issue of time poverty is central to progressive political strategy in the United States. For more information contact Nathaline Shonk at [nshonk@pacinfo.com](mailto:nshonk@pacinfo.com).

### **DAY OF REMEMBRANCE**

In early 1942, 120,000 Japanese American grandparents, parents, and children from the west coast were rounded up and put in concentration camps, where they stayed for the duration of WWII.

Racial prejudice fueled the unfounded and irrational fear that these ordinary American families would collaborate with the armies of Imperial Japan, then at war with the United States. The Eugene Day of Remembrance Committee holds an educational event each February to remind us of this disgraceful and sorrowful event, and to combat the kinds of racist prejudices that inspired it, which we still see today.

Day of Remembrance Symposium \* Forging Links to Resist Racism and Discrimination \* Lessons from the Japanese American Internment \* Latino Immigration in the New World Order

Saturday February 12, 2005

UO Knight Law Center, Room 175, 1515 Agate St., 346-3700, free and open to the public  
Sponsored by the Eugene Day of Remembrance Committee & the Wayne Morse Center for Law and Politics [www.morsechair.oregon.edu](http://www.morsechair.oregon.edu)

*This newsletter was published by the Little White Dog. Send comments or article submissions to [garbanzo@efn.org](mailto:garbanzo@efn.org). If you don't have computer access, you can put articles in the garbanzo box at growers. Newsletter copy deadline is 5:00 pm Tuesday. Market hours are Tuesdays 5-7pm; Thursdays 2:30 to 7:30 pm and Fridays 3:00 to 6:30 pm. An orientation to Growers is held each Thursday at 1:30. The Growers email list includes an electronic banzo, events notices, and other misc. info. Growers Market: 687-1145*