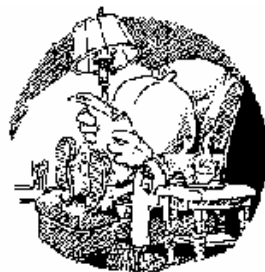


The Garbanzo Gazette

February 23, 2006



Growers Market's Weekly Newsletter

MEETINGS

The next co-op coordinators' meeting is set for Tuesday, March 7th at 7 pm. The next two Growers meetings (board meetings) will be on Tuesday, February 28th at 6:45 pm, and Tuesday March 14th at 6:30 pm. If the meeting is not at the round table upstairs in the Growers Market Building, look for us downstairs in the co-op, or elsewhere in the building. --Milton Takei

GARDENING FOR MENTAL HEALTH

Hi Growers Market community, The below special free event on gardening for mental health is right here in the Growers Market building on the second floor... a great panel is lined up! Here's a chance to get involved in a great new project that may influence mental health care in Lane County, spread the word!

WHEN? Wednesday, 1 March 2006, 5:30 pm

WHO? THREE GREAT PANEL PRESENTERS!!!

- (1) JOEY BALLETTA -- Psychiatric survivor activist & artist who has used community gardening for 7 years.
- (2) JOHN SUNDQUIST -- John has created a dozen community gardens for HeadStart pre-schoolers.
- (3) MAGGIE MATOBA -- Originator of Healing Harvest, which helps create therapeutic gardens, such as at Looking Glass, see: <http://www.healingharvest.org>

WHAT? "Ecopsychology: Garden Your Way to a New Mental Health System!"

FREE brief panel presentations, followed by plenty of time for a moderated open discussion of your ideas about community gardens and outdoor events.

FREE DELICIOUS REFRESHMENTS - healthy juices, chips, dip.

WHERE? The Roundtable at Growers Market Building, 454 Willamette, Second Floor Eugene, Oregon, USA

WHY? Ecopsychology recognizes that there will be

no mental and emotional well being until humans heal their relationship with nature.

Wouldn't it be great to envision a great big community garden on Lane County Mental Health grounds? With tai chi, music and organic food one may almost visualize a peaceful revolution...

This will be the 39th successful monthly Roundtable. Sponsored by MindFreedom International, a coalition of 100 groups and based in Eugene, Oregon, USA. This non-profit's mission is a nonviolent revolution in the mental health system. Bring a friend! See you there! Questions? Comments? Contact David Oaks, Director, MindFreedom International, 454 Willamette, Suite 216 - POB 11284 Eugene, OR 97440-3484 USA

STRAWBOSS POSITION AVAILABLE

Looking for a strawboss replacement ASAP 1-1/2 to 2 hours every other week to take care of the dairy cooler and the freezers. For more details on the position talk to Jeanine at growers or Stephanie 767-3689.

35TH ANNIVERSARY CELEBRATION PLANS

As many of you know this year marks the 35th year Grower's Market has been in operation. The actual date is Dec. 8th. The Grower's Board of Directors is planning a big celebration to happen in December. We are interested in your input, creative ideas, and possibilities of bands to play for free or low costs. We are also looking for individuals to help coordinate this event. It is never too early to plan for these things. The more organized we can be the more fun there is to have. Please contact Kari at 607-9576, karibliss@yahoo.com, or Nathan Greene at 302-3205.

Send comments or article submissions to garbanzo@lists.opn.org. If you don't have computer access, you can put articles in the garbanzo box at growers. Newsletter copy deadline is 5:00 pm Tuesday. Market hours are Tuesdays 5-7pm; Thursdays 2:30 to 7:30 pm and Fridays 3:00 to 6:30 pm. An orientation to Growers is held each Thursday at 1:30. The Growers email list includes an electronic banzo, events notices, and other misc. info. growers@lists.opn.org Growers Market: 687-1145