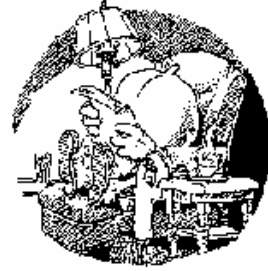




The Garbanzo Gazette

March 9, 2006



Growers Market's Weekly Newsletter

ANNUAL MEETING

Mark your calendars: the Growers Market annual meeting is set for Friday, April 7th at 6:45 pm. The next two Growers meetings (board meetings) will be on Tuesday, March 14th at 6:30 pm, and Monday, March 27th, at 7 pm. If you don't find the meeting upstairs at the round table in the Growers Market Building, look for us downstairs in the co-op, or elsewhere in the building.

NOT A TYPO

Someone told me that he thought I had made a typographical error in reporting the food co-op's surplus for 2005. But in fact, the numbers showed the co-op \$13,053 ahead, in part because the year-end inventory was \$6,387 higher than the previous year. I also told someone that the co-op's finances have turned out on the plus side for a number of years, and she wondered why. My best guess is that the reason is that Sue has been increasing the number of long shelf-life products we sell. With the one-line check out system creating more space, we could add additional shelves. Parkinson's law is that work expands to fill the time available; Milton's law is that stock expands to fill the space available.-Milton Takei

35TH ANNIVERSARY CELEBRATION PLANS

As many of you know this year marks the 35th year Grower's Market has been in operation. The actual date is Dec. 8th. The Grower's Board of Directors is planning a big celebration to happen in the Fall of 2006. We are interested in your input, creative ideas, and possibilities of bands to play for free or low costs. We are also looking for individuals to help coordinate this event. It is never too early to plan for these things. The more organized we can be the more fun there is to have. Please contact Kari at 607-9576, karibliss@yahoo.com, or Nathan Greene at 302-3205.

STRAWBOSS POSITION AVAILABLE

Looking for a strawboss replacement ASAP 1-1/2 to 2 hours every other week to take care of the dairy cooler and the freezers. For more details on the position talk to Jeanine at growers or Stephanie 767-3689.

JOB OPENING

Growers has a strawboss opening. A dedicated person is needed for the dried fruit and nut area who would take delight in filling the jars and buckets. Lily has been filling them for the last nine years. Call Lily @ 338-4436 or talk to any coordinator. PS: If anyone knows the whereabouts of the raison bucket, please put it back!

FOOD FOR LANE COUNTY PLANT SALE

Mark your calendars! The FOOD for Lane County Gardens Spring Plant Sale and Benefit is April 1st (10am-4pm) and 2nd (12pm -4pm), and for the first time in a long time doesn't conflict with the Guild's Seed Swap! The sale is at the GrassRoots Garden, 1465 Coburg Rd behind St. Thomas Episcopal Church at the intersection with Cal Young.

So far we will be selling bare root Berkeley blueberry bushes (Thank you Fall Creek Nursery!); bare root and potted everbearing strawberry plants, annual starts of veggies, flowers and herbs carefully cultivated at the Youth Farm by staff and volunteers, and assorted ornamental and edible perennials. I will be updating the list as we know more.

Unfortunately no bare root fruit trees this year, our donor for the past six years does not have trees available to donate. Call 343-2822 for more information or check-out our website: www.foodforlanecounty.org.

THAT'S MY FARMER – CSA EVENT

The 7th Annual "That's my Farmer" event will be held on Tuesday, April 4 from 6:30-8:30 p.m. at First United Methodist Church, 13th and Olive Street. Fifteen faith communities in Lane County sponsor this event to highlight the importance of supporting local farmers, offer an opportunity to meet local farmers and learn more about participating in Community Supported Agriculture or CSA's. CSA means buying a weekly box of fresh fruits and vegetables from a local farmer from May through the fall with the money paid in the spring to help the farmer begin the planting season. Meet the farmers between 6:30-7:30. Presentations by farmers begin at 7:30 and there will be door prizes and homemade ice cream. The event is free but donations are accepted to support low income families access local organic produce.

LET'S TAKE BACK OUR AMERICA

Let's Take Back Our America: A Community Coalition Gathering on the 3rd Year Anniversary of the US Invasion of Iraq, Saturday, March 18, 2006

Marches & Noontime Rally----- Afternoon Workshops----
-- Evening Celebration

Marches: Three marches will commence at 11am and converge at the Federal Court House Building (7th and Pearl) for a Rally at Noon. March participants are asked to gather at three locations at 10:30 am:

- * Alton Baker Park Near the Bike Bridge
- * Lane County Fairgrounds
- * U of O-EMU

Workshops: Starting at 2pm there will be a Teach-In with a variety of workshops at St. Mary's Episcopal Church, 13th and Pearl.

Evening Wrap-Up: From 6-8pm there will be a social gathering at COZMIC Pizza, 8th and Charnelton.

For more information contact: Michael Carrigan
Community Alliance of Lane County, 485-1755,
calcdev@efn.org

MENTAL HEALTH CONNECTIONS

*Eugene Site for State-Wide Mental Health
Consumer/Survivor Videoteleconference*

Are you a psychiatric survivor or mental health consumer in Lane County, who wants to network state-wide in Oregon with other consumer/survivors about human rights, alternatives, and changing the mental health system? You are invited to an important free event on Friday, 10 March 2006. Please tell other consumer/survivors and bring them along!

BELOW is a way for you to link up and talk with consumer/survivors statewide with a free video teleconference (or "V-Con") from right here in Eugene!! MindFreedom Oregon helped get this started in cooperation with great consumer/survivor groups throughout Oregon, and the State of Oregon. I am director of MindFreedom International, and I'll be hosting the Eugene site. We have practiced with the state video teleconferencing system twice, and we are ready to go! Please join us in using this exciting technology as we link up to eight (8) sites throughout Oregon! YOU ARE INVITED! Please consider being part of this historic event, when we can talk with other consumer/survivor advocates and leaders from all over Oregon about important issues and upcoming events that affect consumers and survivors. It's free, it's easy, it's fun... and it's next week!

THE EASY DETAILS:

WHEN: Friday, 10 March 2006.

Please be on time! Get there by 10:15 am for a briefing about how to effectively participate in video teleconferencing. The video teleconference itself starts at 10:30 am, ends at noon.

WHERE: Department of Health and Human Services Building: McKenzie Center, 2885 Chad Street (SDA 5), Conference Room 2, Eugene, Oregon.

For more information, contact: David Oaks, Director
MindFreedom International, <http://www.mindfreedom.org>
email: oaks@mindfreedom.org
office phone: (541) 345-9106

SPRING HERBAL APPRENTICESHIPS

GivingTree Farm Herb Company still has room for students in our 2006 Spring Herbal Apprenticeship Program. The 150 hour course begins Sunday, April 2nd and continues through Wednesday, June 7th. We will meet for all day Sunday field trips and from 6 - 9 pm Tuesday and Wednesday nights for lectures. Our last field trip together will be June 4th - 5th, Saturday-through-Sunday; an overnight camping trip. This introductory -to - intermediate course will cover the basic anatomy and physiology of six systems, and accompanying materia medica (= medicinal uses) of related plants, the majority of them local, native species. We will teach you plant ID skills, how to ethically gather your own herbal medicines, plus so much more!

The cost of the Apprenticeship is \$400 dollars. Because we recognize that access to education is important, we offer payment plans, plus a limited number of partial work trades; please contact us for more details. A \$50 - \$100 deposit, due by March 24th, is required to hold your place in the class. Please make all forms of payment payable to: *Lawrence Birch*.

Please note: Interested students who wish to omit the Sunday field trips and Tuesday lectures, are welcome to take just the Wednesday night lecture series. The cost for the lectures only, 30 hours, is \$150, (payable by March 24th.)

TO REGISTER OR FOR MORE INFO:

*Wendy Loren & Lawrence Birch, GivingTree Farm Herb Co., 1490 Jefferson Street
Eugene, OR 97402, 541 344-7534
email: givingtree@earthlink.net
website: www.givingtreefarm.com*

Send comments or article submissions to garbanzo@lists.opn.org. If you don't have computer access, you can put articles in the garbanzo box at growers. Newsletter copy deadline is 5:00 pm Tuesday. Market hours are Tuesdays 5-7pm; Thursdays 2:30 to 7:30 pm and Fridays 3:00 to 6:30 pm. An orientation to Growers is held each Thursday at 1:30. The Growers email list includes an electronic banzo, events notices, and other misc. info. growers@lists.opn.org Growers Market: 687-1145