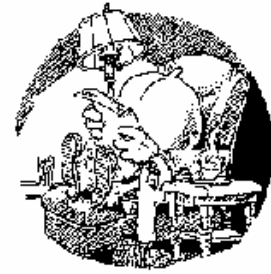


The Garbanzo Gazette

February 14, 2008



Growers Market's Weekly Newsletter

CLEANING PARTY - SUN, FEB 17th 11AM-4 PM

It's time once again to sweep out the cobwebs and dust down the jars! It's gonna be a cleaning party, folks!! This is your chance to get dirty, have a great time, see the market sparkle and shine, and have a great time with your community. Look at all the lovely changes from last month's party - now is the time for you to add to more new changes! So come on by on Sunday, February 17th anytime between 11 and 4. Great things will be in the works and we would love you to come play too!

ATTENTION BENETTE RAUSCH!

You have a special order in the brown fridge. Please come and pick it up ASAP!! (And if anyone sees Benette, please pass this message along)

Coming in March: FRIDAY MORNING SHOPPING

Because we've heard from some Market Members that late afternoon shopping just doesn't work well for them, we're going to begin opening on Friday mornings! Friday morning shoppers will be able to PREORDER their produce by calling in a Friday Preorder on Tuesday evening or establishing a Friday Standing Order.

Sign up now to be a Friday AM Crew Member! We still need: a co-coordinator, cashiers, and an opener...talk to Joni (Thursday afternoons or call 345-6808) to become a part of the adventure!

CHEESE CREW Position Available...

The cheese crew works Tuesday evening cutting, wrapping, and pricing...Cheese! It's a great strawboss job with a fun bunch of Tuesday folk to chat with while you work...and a chance to shop for the basics while you're there. Interested? Talk to any coordinator or come down during Tuesday evening shopping hours.

UPCOMING MEETINGS

The next Growers board meeting will be Thursday, February 28th, at 6:15 pm. The co-op coordinators' meeting is set for Monday, March 3rd, at 6:30 pm. If we are not at the round table upstairs in the Growers Market Building, look for us downstairs in the co-op, or elsewhere in the building.

THURSDAY STRAWBOSS POSITION - CLOSER

Nathan and Myriah need some loyal and consistent person to help them close up on Thursday evening. It's a nice, mellow time to be at the market. The job involves sweeping, closing jars/boxes/buckets, doing dishes, wiping down surfaces, putting produce, etc. in the walk in, and related tasks. It will take 1 1/2 to 2 hours, so think 7-9 PM on Thursday night. Call Nathan 302-3205 or Myriah 343-6008 for more details.

STEVIA SAMPLING FEBRUARY 21

Come to the Growers' Market February 21 for a product sampling to sweeten your day. In case you are unfamiliar with the substance, Stevia is an herb from Paraguay that has been used as a sweetener in many countries for at least a couple of centuries. Properties of this herb include, but are not limited to: zero calories, and a glycemic index of zero. A local company right here in Eugene, Nu Naturals, distributes Stevia in drop and powdered form. Tammy & Kelly, a couple of the girls at Nu-naturals, have volunteered to participate in Growers' community by coming over for a product sampling, along with sharing their favorite goodie recipes and ideas for ways stevia can be used. One interesting facet of Nu Naturals' extraction process is the absence of bitterness inherent to some extraction processes. When you come in on February 21 (next Thursday), Tammy & Kelly invite you to try their favorite ways to cook with Stevia and see how tasty this sweetener can be! Julie, Thursday Middle Coordinator

GROWERS MONEY

The co-op basically broke even in 2007, and sales were a little higher than in 2006, a welcome change after our years of decline at the cash register. In another sign of improving financial health, we were able to make an advance payment of \$3,300 on our loan from ShoreBank Pacific for the wheelchair lift. We have now paid off more than half of the original \$32,000 loan.

--Milton Takei

Pre Order Produce by E-Mail

Send an e-mail to growers.market@gmail.com by Tuesday evening @ 6:30pm to preorder produce for that Thursday

IF YOU OPPOSE HERBICIDE USE ON OUR COUNTY ROADS AND RIGHTS-OF-WAY.

Herbicides are one of many toxins introduced into our environment. These toxins are now pervasive. Many people have sensitivities, illnesses, and have died prematurely due to toxic effects of synthetic chemical exposure. We all have multiple synthetic chemicals in our bodies (see Oregon Environmental Council report www.oeonline.org). We can cease our own use, but cannot avoid exposure on public roadways. Please do what you can. **SUBMIT COMMENTS** to Sascha Cosio assistant to the Board of Commissioners at 125 East 8th Ave 97401 or email sascha.cosio@lane.or.us and Orin Schumacher 3040 N Delta Hwy 97408 1696 or email orin.schumacher@co.lane.or.us and/or Contact your Commissioner at 682 4203 or 125 East 8th Ave., Eugene, Or 97401
Email: Bill.Fleenor@co.lane.or.us; Bill.Dwyer@co.lane.or.us; Faye.Stewart@co.lane.or.us Bobby.Green@co.lane.or.us; Peter.Sorenson@co.lane.or.us. One may always speak in person at regular Board of Commissioner meetings. Public comments taken at 9am most Wednesdays.

LOVE RALLY, FEBRUARY 14!!

To celebrate Valentine's Day there will be a gathering of loving people at the Old Federal Building (7th & Pearl) to celebrate Love, Peace, and other happy, loving things. Please show up and have fun with us! Wear red, make silly, happy, loving signs to show the drivers. Carry balloons, flowers, or anything that you want. The Rally happens from 5:00 - 6:30. We would LOVE to see you there!!

FARMHOUSE FOR RENT

Seeking 1 or 2 to share garden, orchard, angora goats, and forest (for firewood and mushroom propagation). partially furnished house 15 mi. west of Eugene. Work credit available; partnership possible. \$650mo. 542 485 1426.

BIODYNAMIC BEEF FOR SALE

Full Circle Community Farm has local biodynamic beef available. The cut and wrapped cost is approximately \$6/lbs, depending on the quantity purchased. We also have liver and kidney available at approximately \$14/lbs. Contact Keith at 461-3798. Full Circle Community Farm is located north of the Beltline off River Road and features bicycle delivery of their CSA produce.

Send submissions to garbanzo@lists.opn.org. You can also put articles in the garbanzo box at growers. Newsletter copy deadline is 5:00 pm Wednesday.

SOW SEEDS OF PEACE

On the fifth anniversary of the invasion of Iraq: Sow seeds of peace. On Sunday, March 16th, the Take Back Our America coalition, a Lane County coalition of community groups, will commemorate the 5th anniversary of the invasion of Iraq, by joining together in a community-wide call to end the war and occupation of Iraq, and in support of peace and justice. The theme of the day is "On The Fifth Anniversary Of The Invasion Of Iraq: Sow Seeds Of Peace."

Following is a listing of the day's events:

- 12:30-1:30 pm:** Rally at the University of Oregon's EMU amphitheater organized by U of O students.
- 1:30 -2:30 pm:** Community peace parade to the old Federal Bldg., 7th and Pearl.
- 2:30-4 pm:** Rally for peace and justice with speakers and music, old Federal Bldg.
- 4:30-7 pm:** Community celebration at COZMIC Pizza, 8th and Charnelton, with entertainment by the Skinner City String Band and Urgent Carnival Political Theater.
- 7:30-8:30 pm:** Silent candle light vigil, old Federal Bldg, honoring those who've died in the Iraq and Afghanistan wars.

Confirmed speakers and performers for the downtown rally:

- Carmen Urbina and Johnny Lake**, Emcees
- Kitty Piercy**, Mayor
- Pete Sorenson**, County Commissioner
- Rev. Dan Bryant**, First Christian Church
- Claire Syrett**, ACLU Field organizer
- Iana Mathews-Harris**, activist/singer/spoken word performer
- Ibrahim Hamide**, Middle East Peace Group

Help us make the 5th anniversary the final one of the Iraq war. Join our efforts to create the strongest possible actions in March that will not only mark the war anniversary but will help build a more powerful and inclusive peace movement, that will finally bring the Iraq war to an end. To get involved contact Take Back America Coalition, c/o Community Alliance of Lane County (CALC), at 485-1755, x-5 or calcdev@efn.org. For more information go to www.calclane.org.

Market hours are Tuesdays 5-7pm; Thursdays 2:30 to 7:30 pm and Fridays 3:00 to 6:30 pm. An orientation to Growers is held each Thursday at 1:30. The Growers email list includes an electronic banzo, events notices, and other misc. info. growers@lists.opn.org To subscribe via email, send a message to growers-join@lists.opn.org Growers Market: 687-1145

Pre Order Produce by E-Mail

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