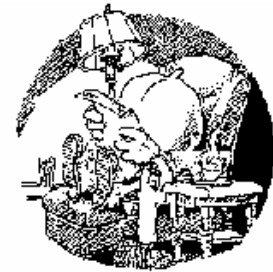


The Garbanzo Gazette

April 24, 2008



Growers Market's Weekly Newsletter

URGENT HELP NEEDED ON THURSDAY NIGHTS!

We (Myriah and Nathan) need help closing on Thursday evenings. Unfortunately we have no closer as of now! The job is from 7ish to 8:30ish and includes boxing up produce, sweeping, closing up bulk areas, and a few other miscellaneous items. This is a great way to get involved more with Growers and YOUR COMMUNITY on a regular basis....a steady job so to say. Growers gives us all so much, and now Growers need YOU! You can call Myriah at 343-6008 at Nathan at 302-3205 or stop by any Thursday evening. We look forward to your support!

GROWERS ANNUAL MEETING AND OTHERS...

The Growers Market annual meeting will be on Tuesday, April 29th, 5:30 pm, at the round table upstairs in the Growers Market Building. The co-op coordinators' meeting is set for Monday, April 28th, at 6: 30 pm, probably in the co-op.

***** LOTS OF FUN STRAWBOSS/COORDINATOR JOBS AVAILABLE!! STOP IN, CALL UP, OR SEND OUT AN EMAIL FOR DETAILS! *****

FRIDAY MORNING HOURS CLARIFICATION

During the school year only, Growers will be open on Fridays, 9:30 am to noon. We will need to close promptly at noon. The 3:00 to 6:30 pm Friday hours remain in effect.

OF EGGS AND EGG SHELLS

This month T&T eggs go up slightly in price--the chickens are building a fence--and, eggs will be more plentiful beginning late in the summer. 6 count = \$1.75, 12 count = \$3.33, 18 count = \$5.08. Please save your organic shells in paper bags and either put in Jane's bucket up front (marked 'eggshells') or up in the blue crate (marked 'eggshells') over the cooler where the eggs are kept. Our farmers give them back to the chickens to strengthen the new shells, and it's one of the simplest forms of recycling. Clean egg containers are also appreciated.

DRY GOODS NOTES

OG Coconut Oil is out for a while. Charlie at Hummingbird is trying to find a substitute oil. The usual supply is hung up in customs. No more Marantha Peanut Butter. We may have one more supplier soon. Many many many thanks to Michael for all his years of service to our Market, our Community. Michael has taken care of more loose ends than I can count. He often helped me with ordering glitches on Mondays with me calling in a panic. He has always been a solid calming influence for me and the Market.. So Michael, be well, be happy and don't be a stranger! Sue

COORDINATOR RESIGNATION

I am giving a rough month's notice. In May I'll be stepping down as coordinator. Living in Cottage Grove has made it difficult to keep informed at a healthy level and as well my chosen forms of transport (bus and bicycle) bring upon me another set of limitations (among all the benefits, the last bus leaves Eugene at 6, before the meeting starts) and a two hour pedal on and off highway 99 in the dark at the end of the day, after a meeting, would be quite a physical challenge (besides with the longest days of sunlight). Maybe in our future the last south bound train (stops including Cottage Grove) will leave EU-town at midnight. Thanks to everyone who shared a story or food for thought to me or to anyone else as a matter of fact here at the food coop, and as my parting advice:

- Always keep people before plans and all living creatures at par with people
- Everything and everyone has a piece of the truth
- As Elise would say, "Always round up." (if this is vague to you, just ask coordinator)

Beyond all this, it's time for me to focus on some wanting aspects of my personal life. See ya in the isles, or maybe the woods, or maybe ..SLANAGUS BEARACHT, Health and Blessings, Michael

OVER

Pre Order Produce by E-Mail

Send an e-mail to growers.market@gmail.com by Tuesday evening @ 6:30pm to preorder produce for that Thursday or Friday.

ROOM FOR RENT

I have a bedroom & 1/2 bath available to share in my GREEN, ECO-CONSCIOUS home on Willamette River bike path. Room has wood floors, direct sun, & pleasant view. I am a clean, tidy, organized, health-conscious, considerate, respectful, employed woman, seeking female roommate with similarities to share this beautiful 2BR, 1 & 1/2 bath. Washer/dryer, dishwasher, pretty yard and patio, on-premise parking. 5 min. walk to path, on busline, 10 min. drive to downtown, walking distance to vegetarian buffet, shopping. \$350 + 1/2 utilities, no smokers, or drug users. Will consider female, indoor cat. Call Sandra @ 689-0090 for more information.

LEARN TO PREP GOURMET RAW DISHES?

Myhra, one of our members is now taking reservations for her raw foods classes. A raw foodist since 2005, Myhra has participated in numerous raw food preparation and nutrition workshops, including one given by Victoria Boutenko. She has been a culinary arts wizard for over 30 years. She provides individual raw food preparation instruction, as well as nutritional advice. For more information, call her at 684-8243.

IT'S CAMPAIGN SEASON! ARE YOU REGISTERED TO VOTE? APRIL 30 IS THE DEADLINE!

And what happens locally makes a difference!

Rob Handy is running for County Commissioner against Bobby Green in the North district that includes Whiteaker, River Road, and parts of Bethel and West Ferry Street area. If Rob wins, then the County Commission will have enough votes to support the environment and say NO to tax breaks for big business. Today I read that **Kitty Piercy** needs your help to maintain the esteemed seat of Mayor of ALL Eugene. Kitty has worked hard and is a driving force for sustainability in Eugene, and Torrey and his big business cohorts are trying to buy the mayor's seat...don't let it happen! You don't need money to make a difference – just volunteer a few hours at the phone banks, or better yet, join a door-to-door canvass crew. Here are the websites and campaign phone numbers: kittypiercy.com, 541-334-6727; robhandy.com, (541)484-9595. – Julie

MAYOR PIERCY'S GREEN ECONOMIC PLAN

Recognizing the success of her first economic plan, Mayor Kitty Piercy has released her second policy paper on shaping our economic future. "Building a Sustainable Economy - Creating Good Jobs and New Opportunities," outlines 12 policy proposals in four key areas: (1) Creating Sustainable Businesses and Good Jobs; (2) Transportation and Infrastructure Initiatives; (3) City Government Initiatives and (4) Social Equity Initiatives. The full report,

as well as an executive summary, is available at www.kittypiercy.com. The Mayor's 12 sustainable economic proposals are:

- a.. Continue the Sustainable Business Initiative
- b.. Promote energy efficient construction and green jobs
- c.. Grow the green building sector
- d.. Prioritize downtown revitalization
- e.. Use a comprehensive approach to land use planning and the urban growth boundary
- f.. Increase alternative transportation
- g.. Implement solutions for West Eugene traffic and transportation
- h.. Implement street maintenance and pothole solutions
- i.. Make city government a model of sustainability
- j.. Create a web resource for sustainability
- k.. Expand LTD's Group Bus Pass Program
- l.. Implement recommendations on homelessness

OREGON BOARD OF FORESTRY MEETING

The board will be holding a regular meeting on April 29 and 30 at the Village Green, 725 Row River Rd. in Cottage Grove. Public Comments will be heard beginning at 8am. Agenda items include, sustainable management 2009-11 and developing policies to ensure sustainable forests, 2009 legislative concepts. More info @ <http://orgon.gov/ODF/Board>.

DOULAS SUPPORTING TEENS OPEN HOUSE

Come and enjoy light appetizers and learn more about what we do. May 15th from 3:30-6:30pm We are located at 454 Willamette Suite 207 in the Growers Market Building. Formal invitations will be sent out later in the month. We look forward to seeing you there!--Iris Bicklser, Doulas Supporting Teens, 541.344.1091

SALAD DRESSING from a magazine relayed by Grace

2 tbs Dijon Mustard

2 tbs honey

5 tbs olive oil

combine mustard and honey, then add olive oil. Thin to taste with water. Enjoy!

Send submissions to garbanzo@lists.opn.org. You can also put articles in the garbanzo box at growers. Newsletter copy deadline is 5:00 pm Wednesday. Market hours are Tuesdays 5-7pm; Thursdays 2:30 to 7:30 pm and Fridays 9:30 to noon and 3:00 to 6:30 pm. An orientation to Growers is held each Thursday at 1:30. The Growers email list includes an electronic banzo, events notices, and other misc. info. growers@lists.opn.org. To subscribe via email, send a message to growers-join@lists.opn.org Growers Market: 687-1145

Pre Order Produce by E-Mail

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