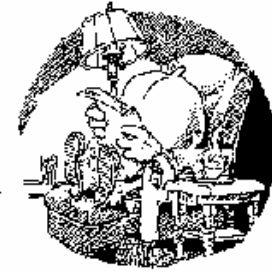




The Garbanzo Gazette

February 5, 2009



Growers Market's Weekly Newsletter

Next Growers Cleaning Party: This Sunday, Feb 8th 10-4. Come get those pumpkins!

UPCOMING MEETINGS

The next Growers meeting (board meeting) will be on Tuesday, February 24th at 5:45 pm. The co-op coordinators' meeting is set for Monday, February 16th at 6:30 pm. If we are not at the round table upstairs in the Growers Market Building, look for us downstairs in the co-op, or elsewhere in the building.

WE NOW STOCK BLUEBERRY KEFIR

It's in the refrigerator

GROWERS FUNDRAISER NEXT TUESDAY!

My band (Patas Arriba) is organizing a Growers Market fundraiser for **Tuesday, February 10th**, at Cozmic Pizza, 199 W. 8th, Eugene. Some of Jon Bilenki's students will start performing at 5 pm, and Patas Arriba will play at about 7:30. We will ask a suggested donation of \$3 to \$5. "Patas Arriba" means "upside down," as in a ladybug on its back. The name comes from a book by Eduardo Galeano. We sing songs in both English and Spanish; some of our music is conjunto (hailing from Texas and Northern Mexico). Our original songs reflect what Maria Kirwin heard when growing up in rural Arizona; Marshall Gause has been influenced by the various musical genres of San Antonio, Texas. You might call their songs Western country or folk. One of our songs is about why people should come back to Eugene. -Milton Takei

'GROWING' GROWER'S MARKET COMMUNITY

An ongoing 'banzo series helping build upstairs/downstairs relationships and community spirit

The Pacific Green Party of Oregon (PGP)

The Pacific Green Party of Oregon - founded in 1992 in opposition to the first Gulf War - has had its state office in the Grower's Market for many years. The PGP, room 206, is registered as a state and federal political party. Affiliated with the Green Party of the U.S., it is also part of a growing global Green political movement. Our core values of ecological sustainability, social justice, grassroots democracy, and peace set us apart from other political

parties. In 2008 we ran 12 candidates for Federal, state, and local offices, and won three elections: Neil Friedman, Mayor of Westfir; Jim Nicita, Oregon City Council; and

Mike Beilstein, Corvallis City Ward 5. Jim Nicita also played a key role in Oregon's Land Use Board of Appeals (LUBA) decision overturning approval of a Coos Bay LNG terminal. For the May 2009 elections we are researching non-partisan offices in Lane (and other counties) which were unopposed in 2007, and matching those offices with suitable local candidates. Pat Driscoll, PGP treasurer, staffs our office (Room 212) on Tuesdays, and can be reached via email at info@pacificgreens.org or by phone at (541) 684-3927. For current information, see our website: www.pacificgreens.org. **DARCY** (who orders Nancy's): Please call me, I need your new phone number. Thanks!! Sue (688-6679)

EAT HERE NOW

Farmer Appreciation & Local Food Community Potluck
Saturday, February 7th; 6 -9 pm

First United Methodist Church - 13th & Olive
Suggested Donation: \$5. Bring a dish to share and come thank the farmers fostering the viability and sustainability of our local food system. There will be: An old-time string band, Ice Cream, and on-site Massage (just for farmers). Also: **How Local Can You Go? Contest** ... for the tastiest dish with the most local ingredients & Hear from Our Farmers - State of the Local Farm Address
Hosted by: Willamette Farm and Food Coalition, (541) 341-1216, info@lanefood.org. Helios Resource Network, 284-7020, helios@heliosnetwork.org
Sponsored by: Aprovecho Research Center, Environmental Center of Sustainability, Eugene Local Foods, EWEB's Healthy Farms Program, EugenePermaculture Guild, Food for Lane County, Huerto de la Familia, Lane County Farmer's Market, Lane County Food Policy Council, Lost Valley Education Center, Lotus Project of Sikh Dharma, School Garden Project, Willamette Valley Sustainable Foods Alliance

OVER

Pre Order Produce by E-Mail

Send an e-mail to growers.market@gmail.com by Tuesday evening @ 6:30pm to preorder produce for that week. Growers is now open 9:30-12 on Friday and you can pre-order for Fridays. Indicate on the form if you plan to pick up during am or pm hours. Contact Cialin at cialin@efn.org if you are interesting in joining the Friday morning crew. See you there!

RIVER ROAD ROCKS

When : Saturday, February 7 1 PM to 5 PM Free
Where : 1400 Lake Drive, River Road Park District Recreation Center in Emerald Park

What: River Road Rocks will be the third annual winter time neighborhood celebration for River Road. The purpose is to have fun, learn about important neighborhood issues, and build community.

There will be a dozen community organizations with information tables. There will be supervised child care and a kids play space, with activities led by the Learning Palace! The North Eugene High School Student Business - Northside Catering will sell sandwiches, soup, appetizers, coffee and tea as a fund raiser. Word is, they are good!

We also expect a Eugene Fire Department fire truck, the Red Cross Emergency Vehicle and a flock of friendly hens! There will be city of Eugene staff to explain land use and water quality issues.

At 1:30 - Meeting With Elected officials and City Staff. An interactive forum with the city staff members, County Commissioners and state representatives. The topics will include local land use issues and the River Road Park District. Spirited dialogues are expected. Please bring your ideas and questions.

At 3:15 - Creating Livability in the Neighborhood. We will learn about Neighborhood Watch with Margaret Mazotta of the EPD, Emergency Preparedness with Geoff Simmons MD, instructor - and Permaculture with Jan Spencer.

PERMACULTURE GUILD SECOND MONDAY SOIREE' FIRST TIME HOSTED IN RIVER ROAD Monday, Feb 9, How Did Your Garden Experience The Winter's Cold? What worked and what did not?

Mulching, varieties, left open to the cold, "I will do that differently next time." Site tour of Jan's permaculture property. 5:30 >> grass to garden, rain water catchment, driveway removal, passive solar,,,,,Veggie Potluck 6:00 Please bring your own service and a nice prepared dish Soiree' at 7pm Bring a floor chair if you can. Recommended - booties for people with cool feet.

PAID INTERNSHIPS AT LILA AVAILABLE

Two (2) *paid* internship positions available here in Lane County, 10 hours per week from March to June 2009. Project is supervised by LILA, Eugene's cross-disability nonprofit Center for Independent Living. Learn to change the mental health system in a positive way! As well as two paid internships, there are six volunteer slots, which can be for less hours per week. MindFreedom is assisting LILA with the training. Deadline is approaching

soon! Please spread the word.

*** If interested: PLEASE CONTACT via email Bjo Ashwill at bashwill@lilaoregon.org

PRODUCT RECALL

Clif Bar and Co. announced a voluntary recall of Clif and Luna brand bars that contain peanut butter due to possible salmonella contamination. If you purchased any of these bars at Growers, you may return them for a full refund.

SHOP ON YOUR FRIDAY LUNCH HOUR!

Just a reminder that Friday mornings begin on Jan 9th, and we'll be opening and closing a little later, thus bridging the lunch hour! As of Jan 9th, on Friday mornings Growers will be open from 10-1. Please remember that you can pre-order produce and have it waiting for you on Fridays – get those orders in by Tues @ 7pm. Thanks.

FOR RENT IN WHITEAKER

\$975 / 3br - House with artists studio in Whiteaker neighborhood. Re-localize your food supply! Approx. 1600 sq.', 1920's private house in Permaculture Project. Washer/dryer hook ups, shared yard, greenhouse, established gardens/ fresh food, high speed internet. \$975./ mo. + utilities. Move in costs include 1st + last + deposits (Total - \$3175.). No smoking on premises. No pets. Available last week of February. 683-0626. – ArtTrek

WILLAMETTE VALLEY GRAINS AND BEANS

On January 20th, I attended a presentation on the 2008 experiments of the Southern Willamette Valley Bean and Grain Project, which had farmers testing the feasibility of growing beans and grains in the Willamette Valley. The consensus seemed to be that many more people who live in the Willamette Valley would be willing to buy grain and beans grown in our valley. Julie Tilt of Hummingbird Wholesale (one of the suppliers who sells to Growers Market) said that Willamette Valley farmers were unable to supply all the beans and grains her business wanted to buy in 2008. I suggest that Growers Market could have special gallon jars labeled as food grown in the Willamette Valley. For general questions about the Southern Willamette Valley Bean and Grain Project, contact Lynne Fessenden, Willamette Farm and Food Coalition, 341-1216, info@lanefood.org

Send submissions to garbanzo@lists.opn.org. You can also put articles in the garbanzo box at growers. Newsletter copy deadline is 5:00 pm Wednesday. Market hours are Tuesdays 5-7pm; Thursdays 2:30 to 7:30 pm and Fridays 3:00 to 6:30 pm. An orientation to Growers is held each Thursday at 1:30. The Growers email list includes an electronic banzo, events notices, and other misc. info. growers@lists.opn.org To subscribe via email, send a message to growers-join@lists.opn.org Growers Market: 687-1145

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