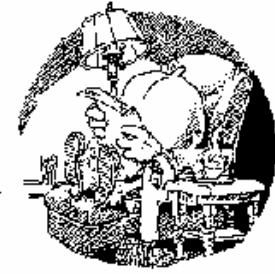




The Garbanzo Gazette

November 5, 2009



Growers Market's Weekly Newsletter

GROWERS MARKET NEWS

Help Wanted

- * Thurs Pre-Order Sorter: Starting at or before 1:00pm contact Joni 345-6808
- * Thurs closer: 6:30 -8:30pm - contact Nathan 852-0627
- * Thurs Coordinator Assistant – Strawboss Position 1:30pm to 3:30pm. Contact Julie 338-0031

Meetings

(usually at the round table upstairs, otherwise downstairs)
 Board: Wednesday, November 18th at 6:00pm
 Co-op Coordinators: Monday, November 16th at 6:30pm

THANKSGIVING WEEK HOURS

For Thanksgiving week, Growers will be open Tuesday, November 24th from 2:30 to 7:30 pm (the same hours as on a Thursday when we are open). We will be closed on Thursday, November 26th (Thanksgiving Day), and on Friday, November 27th (Buy Nothing Day).

SALE ON FROZEN HAMBURGER AND HOT DOG BUNS 10% off – New price already on the wrapper

FOOD CO-OP FLOOR

The Growers Market maintenance committee has been investigating the possibility of making the food co-op floor washable by filling in the holes, then coating the surface with an epoxy resin. We would be able to do the work ourselves, so the cost would not be too much of a burden. We would be able to take care of part of the floor, and then do the rest later. Where the floor is very rough, we might need to cover it up, as we have already done near the sinks. To get an idea of how the floor would turn out, visit the Down to Earth store at 532 Olive Street. Keep in mind that their floor is only partly done. - Milton Takei

PARKING UPDATE

We will have limited parking in the lot in front of Growers Market until the end of the paving project in front of AMTRAK. It is scheduled to be completed on November 7th. We do **not** have our five parking spaces and we

cannot park in front of the dock during the remaining construction period. We do have five spots marked "G" on the east side of the MECCA building along the railroad tracks. Someone parked along the dock last Thursday and

blocked the AMTRAK bus from going around the lot. At no time can we park in front of the dock. Either pay for parking in a paid spot or go over to our free "G" spots. Thanks, Edward Winter, building manager

FRIDAYS AT GROWERS ARE LONGER! Growers is now open from 9am 'til regular closing time on Fridays. Please plan to pre-order produce if you think you'll be shopping on Fridays – the pre-orders are pulled separately and saved out for us on Thursday, so it's pretty guaranteed to be there for you, and makes ordering and reducing food waste more possible. Also, if you are interested in strawboss or co-coordinator shifts on Friday, please contact Cialin at cialin@efn.org. See you then!

THE STORY OF STUFF – COOL WEBSITE VIDEO <http://www.storyofstuff.com/>

From its extraction through sale, use and disposal, all the stuff in our lives affects communities at home and abroad, yet most of this is hidden from view. **The Story of Stuff** is a 20-minute, fast-paced, fact-filled look at the underside of our production and consumption patterns. **The Story of Stuff** exposes the connections between a huge number of environmental and social issues, and calls us together to create a more sustainable and just world. It'll teach you something, it'll make you laugh, and it just may change the way you look at all the stuff in your life forever. A must see!- Julie (& Andreas) Rossberg

Send submissions to garbanzo@lists.opn.org. You can also put articles in the garbanzo box at Growers. Newsletter copy deadline is 5:00 pm Wednesday. Market hours are Tuesdays 5-7pm; Thursdays 2:30 to 7:30 pm and Fridays 9:00 am to 6:30 pm. An orientation to Growers is held each Thursday at 1:30. The Growers email list includes an electronic banzo, events notices, and other misc. info. growers@lists.opn.org. To subscribe via email, send a message to growers-join@lists.opn.org Growers Market: 687-1145

OVER

Pre Order Produce by E-Mail

Send an e-mail to growers.market@gmail.com by Tuesday evening @ 6:30pm to preorder produce for that week.

SEVENTH GENERATION DIAPERS SIZES 3 & 4 AND NATURAL VALUE BABY WIPES

Please buy Seventh Generation chlorine free diapers in size 3 and 4 in the back of the Growers Market. They are in boxes of 4 packs each. You can buy them one package at a time or all at once. I use them for my 4 month old and my 18 month old. Even if you use cloth diapers, they are great to keep in your car, diaper bag and for trips! There is also a box of packages of Natural Value baby wipes - they give rashes like the others. The box of these is also in the back of the Growers market. You can buy all or one of these as well. You may call me if you have any questions 731-9639. - Erin

SECOND ANNUAL "FALL INTO JAZZ"!

It's time for Doulas Supporting Teens' Second Annual "Fall Into Jazz"! November 19th, 2009 from 7-9pm at Ring Of Fire's private banquet hall The Orchid Room. Come and enjoy free delicious appetizers, delightful drink specials, wonderful raffle and silent auction items, & marvelous live music - all to support a great local cause! Tickets are \$15 in advance or \$20 at the door. 100% of your ticket price goes directly to supporting our program! This event is open to all, so feel free to invite a friend or two! Space is limited this year (and expected to sell out), so don't wait - buy your tickets today! Visit www.doulassupportingteens.org or call 344.1091 to purchase your tickets! (Also visit our website for a link to our Facebook event page!) Iris Bicksler Co-founder, Development Director, Doula, Doulas Supporting Teens

PS: Can't come to the event but want to ensure Doulas Supporting Teens can continue reaching families in need? It's easy! Just visit our website and click on "Make A Donation Today" to make your generous contribution. Thank you!!

About Doulas Supporting Teens:

Our mission is to support and educate pregnant and parenting teens to bring healthy babies into healthy families to build healthy communities. We do this by offering free home visits to pregnant women 19 and younger, as well as continuous labor/birth support, and follow up for at least the first 6 weeks postpartum. We also offer teen-centered childbirth education classes and parenting support groups. Because of our high quality of care, mothers and babies are healthier and twice as likely to breastfeeding, along with both moms and dads being more likely to complete school and make healthier lifestyle choices. For more information

about our services, hear clients stories, read board member and doula bios please visit: www.doulassupportingteens.org

'GROWING' GROWER'S MARKET COMMUNITY

An ongoing series helping build relationships with our upstairs neighbors

Each year, more than 800 students in Lane County learn to plant, tend and harvest fresh produce in school gardens. The School Garden Project coordinates garden-based education programs that serve twelve elementary schools from four school districts, along with providing material resources, teacher and volunteer training, and help with the design and construction of new gardens. Volunteers at our greenhouses distribute more than 10,000 healthy plant starts to schools annually.

Why school gardens? School gardens are a powerful tool for promoting science education, engaging students in healthy behaviors, and fostering a connection to nature. A living laboratory for studying soil, bugs, and plant growth, gardens also teach lessons in teamwork, responsibility, and the results of careful nurture. Incorporating green spaces into school grounds creates habitat for wildlife, reduces the need for costly field trips, and awakens a sense of curiosity and exploration among students.

For more information on School Garden Project programs, visit us online at www.schoolgardenproject.org, check out our latest [newsletter](#), or drop by our office at Room 218 at the Grower's Market. Director Jared Pruch and Site Coordinator Tracy Gagnon are in the office most weekdays from 9-3. 541.284.1001 or sgp@efn.org.

HI FRIENDS!

We've got a one bedroom living space available in our community at 550 East 40th Avenue in south Eugene (40th and Donald). Rent is \$550 a month plus utilities. Shared hot tub, huge garden, wooden backyard. Available by December 1st, perhaps as early as mid-November. This is the back space where Sunny now lives. There is tile work, own kitchen, living & dining room space, back patio area, and composting toilet for this space. Come check it out.

Interested? More info? Contact: David at davidklausman@yahoo.com ~Jennefer

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