

# The Garbanzo Gazette

November 19, 2009





Growers Market's Weekly Newsletter

#### **GROWERS MARKET NEWS**

#### Help Wanted

- \* Thurs Pre-Order Sorter: Starting at or before 1:00pm contact Joni 345-6808
- \* Thurs closer: 6:30 -8:30pm contact Nathan 852-0627 Meetings

## (usually at the round table upstairs, otherwise downstairs)

Board: Wednesday, November 18th at 6:00pm

Co-op Coordinators: Monday, November 16th at 6:30pm

#### THANKSGIVING WEEK HOURS

For Thanksgiving week, Growers will be open Tuesday, November 24th from 2:30 to 7:30 pm (the same hours as on a Thursday when we are open). We will be closed on Thursday, November 26th (Thanksgiving Day), and on Friday, November 27th (Buy Nothing Day).

### SALE ON FROZEN HAMBURGER AND HOT DOG

**BUNS** 10% off – New price already on the wrapper

#### SALSAL

While we miss Emerald Valley Salsa, we are happy to let you know that we are now carrying Salsa de Casa, packaged and bulk. Look for it where Salsa lives, and enjoy!

## **Hey Marketeers**

We have a sale on rice. Stock up now ©

#### FOOD CO-OP FLOOR

The Growers Market maintenance committee has been investigating the possibility of making the food co-op floor washable by filling in the holes, then coating the surface with an epoxy resin. We would be able to do the work ourselves, so the cost would not be too much of a burden. We would be able to take care of part of the floor, and then do the rest later. Where the floor is very rough, we might need to cover it up, as we have already done near the sinks. To get an idea of how the floor would turn out, visit the Down to Earth store at 532 Olive Street. Keep in mind that their floor is only partly done. - Milton Takei

## PARKING UPDATE

We have limited parking in the lot in front of Growers Market until the end of the paving project in front of AMTRAK. It is scheduled to be completed on November 7th. We do **not** have our five parking spaces and we **cannot** park in front of the dock during the remaining construction period. We do have five spots marked "G" on the east side of the MECCA building along the railroad tracks. Someone parked along the dock and blocked the AMTRAK bus from going around the lot. At no time can we park in front of the dock. Either pay for parking in a paid spot or go over to our free "G" spots. Thanks, Edward Winter, building manager

FRIDAYS AT GROWERS ARE LONGER! Growers is now open from 9am 'til regular closing time on Fridays. Please plan to pre-order produce if you think you'll be shopping on Fridays – the pre-orders are pulled separately and saved out for us on Thursday, so it's pretty guaranteed to be there for you, and makes ordering and reducing food waste more possible. Also, if you are interested in strawboss or co-coordinator shifts on Friday, please contact Cialin at <a href="mailto:cialin@efn.org">cialin@efn.org</a>. See you then!

## SECOND ANNUAL "FALL INTO JAZZ"!

It's time for Doulas Supporting Teens' Second Annual "Fall Into Jazz"! November 19th, 2009 from 7-9pm at Ring Of Fire's private banquet hall The Orchid Room. Come and enjoy free delicious appetizers, delightful drink specials, wonderful raffle and silent auction items, & marvelous live music - all to support a great local cause! Tickets are \$15 in advance or \$20 at the door. 100% of your ticket price goes directly to supporting our program! This event is open to all, so feel free to invite a friend or two! Space is limited this year (and expected to sell out), so don't wait - buy your tickets today! Visit www.doulassupportingteens.org or call 344.1091 to purchase your tickets! (Also visit our website for a link to our Facebook event page!) Iris Bicksler Cofounder, Development Director, Doula, Doulas Supporting Teens

OVER

PS: Can't come to the event but want to ensure Doulas Supporting Teens can continue reaching families in need? It's easy! Just visit our website and click on "Make A Donation Today" to make your generous contribution. Thank you!!

## **About Doulas Supporting Teens:**

Our mission is to support and educate pregnant and parenting teens to bring healthy babies into healthy families to build healthy communities. We do this by offering free home visits to pregnant women 19 and younger, as well as continuous labor/birth support, and follow up for at least the first 6 weeks postpartum. We also offer teen-centered childbirth education classes and parenting support groups. Because of our high quality of care, mothers and babies are healthier and twice as likely to breastfeeding, along with both moms and dads being more likely to complete school and make healthier lifestyle choices. For more information about our services, hear clients stories, read board member and doula bios please visit: www.doulassupportingteens.org

#### 'GROWING' GROWER'S MARKET COMMUNITY

An ongoing series helping build relationships with our upstairs neighbors

Each year, more than 800 students in Lane County learn to plant, tend and harvest fresh produce in school gardens. The School Garden Project coordinates garden-based education programs that serve twelve elementary schools from four school districts, along with providing material resources, teacher and volunteer training, and help with the design and construction of new gardens. Volunteers at our greenhouses distribute more than 10,000 healthy plant starts to schools annually.

Why school gardens? School gardens are a powerful tool for promoting science education, engaging students in healthy behaviors, and fostering a connection to nature. A living laboratory for studying soil, bugs, and plant growth, gardens also teach lessons in teamwork, responsibility, and the results of careful nurture. Incorporating green spaces into school grounds creates habitat for wildlife, reduces the need for costly field trips, and awakens a sense of curiosity and exploration among students.

For more information on School Garden Project programs, visit us online at <a href="www.schoolgardenproject.org">www.schoolgardenproject.org</a>, check out our latest <a href="newsletter">newsletter</a>, or drop by our office at Room 218 at the Grower's Market. Director Jared Pruch and Site Coordinator Tracy Gagnon are in the office most weekdays from 9-3. 541.284.1001 or <a href="mailto:sgp@efn.org">sgp@efn.org</a>.

## HI FRIENDS!

We've got a one bedroom living space available in our community at 550 East 40th Avenue in south Eugene (40th and Donald). Rent is \$550 a month plus utilities. Shared hot tub, huge garden, wooden backyard. Available by December 1st, perhaps as early as mid-November. This is the back space where Sunny now lives. There is tile work, own kitchen, living & dining room space, back patio area, and composting toilet for this space. Come check it out. Interested? More info? Contact: David at davidklausman@yahoo.com ~Jennefer

## TEACH-IN AND CELEBRATION

A community coalition of labor unions, fair trade advocates and other organizers for social and economic justice will host the "WTO 2009 Teach-In" and the "Eugene Says No to the WTO Celebration" on Saturday, November 21, 2009. The teach-in will take place from 1:00 to 4:00 pm in the Fir Room of the EMU on the University of Oregon campus. The speakers will be: Michael Dreiling giving an overview of the World Trade Organization and the 1999 protests in Seattle against the WTO; Guadalupe Quinn on trade, migration and racism; Samantha Chirillo on trade and global warming; Lauren Regan on the legacy of the Seattle protests and the right to dissent and Stan Taylor on the WTO's current agenda and protest against it. Small group discussions will follow. The teach-in is free.

The teach-in will be followed later that evening by the celebration at the WOW Hall (291 W 8th Ave) from 6:30 to 11:30 pm. The celebration will feature a screening at 6:45 pm of "This Is What Democracy Looks Like," a film about the 1999 protests. The screening will be followed at 8:15 by a performance on heath care reform by the Urgent Carnival street theater group. Music by the Sugar Beets and the New Mexican Revolution will start at 8:30 pm. The celebration is open to the public, with a suggested donation of \$5 to \$15, and no one will be turned away for lack of funds.

--Milton Takei

Send submissions to garbanzo@lists.opn.org. You can also put articles in the garbanzo box at Growers. Newsletter copy deadline is 5:00 pm Wednesday. Market hours are Tuesdays 5-7pm; Thursdays 2:30 to 7:30 pm and Fridays 9:00 am to 6:30 pm. An orientation to Growers is held each Thursday at 1:30. The Growers email list includes an electronic banzo, events notices, and other misc. info. growers@lists.opn.org To subscribe via email, send a message to growers-join@lists.opn.org Growers Market: 687-1145

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