



# The Garbanzo Gazette

April 21, 2011



Growers Market's Weekly Newsletter

## GROWERS MARKET NEWS

### Help Wanted

Tuesday Evening Orientation – Contact Taylor @ 541-683-8250  
Thursday Closer – Contact Nathan @ 541-852-0627 General:  
Cashiers – Contact Coordinator on duty  
Stock and Inventory, Tues or Thurs am – Laurie 541-937-1439

### Meetings:

Website: <http://GrowersMarket.net>

## PLANTS FOR SALE AT GROWERS

Start Your Garden with Possum Place garden plants.  
Lettuces, Asian Greens and more, now at Growers -  
Thursday and Friday.

## GROWERS ANNUAL MEETING

Mark your calendars for Friday, April 29<sup>th</sup> at 6 pm. Details to come.

## WILD EDIBLE PLANT DISPLAY

There is a new educational display at Growers Market all about Wild Edible Plants. It is currently located across from the cash registers, between the office and the carts.

The big poster board has information about Chicory, Fiddleheads, Lavender, Rose, Daylilies, Wood Sorrel and many more. Did you know that an acre of cattails produces ten times as much food as an acre of potatoes? Interesting facts and recipes are there for the taking. Please come visit this beautiful exhibit produced by Growers mom and daughter members Leauriy and Grace Polk.

## DRY GOODS NOTES

natures path cereals are on sale at the best prices we have had in a long time. there are even a couple new ones now. we will continue to carry a limited amount of noris cheese for the time being. Royal blue is out of frozen blue berries so we will be getting what they call 'pinks'. these berries are not quite as ripe yet still very good. mango fillets are gone as well so we will have the sliced mango, smaller

pieces and as good. on the next azure (beginning of may) we should have coconut vinegar, more mustard, soy beans and the like. i think they are getting a better handle on their inventory so there should not be as many out of stocks.

lately some folks have placed requests for some raw foods we don't yet have a source for and there have been other requests for some flours. i would like to talk with these members but they did not write down any contact info. please, when leaving requests on the list leave your name and number as well just like it says on the list, ok? thanks.

there are some happy changes coming so stay tuned to the gazette!! happy earth day, sue. 541-688-6679.  
p.s. almost forgot, og tamari almonds are on special.

## WHITEAKER EARTH DAY

Saturday April 22 picnic and play at the Whale in Skinner Butte Park. Saturday April 23<sup>rd</sup>, in Alton Baker Park by the River and Pond. All about water and kids.

## APRIL 30 FILL YOUR PANTRY

*Farm Direct Community Bulk Buying Event*

Join us on April 30th for your chance to stock up on locally grown whole grains, fresh ground flours, dry beans and legumes. Pre-order large quantities (25 or 50 lbs), bring your own buckets, or buy pre-packaged items on site . . . hard red and soft white wheat berries and flour, teff and teff flour, rye, buckwheat, oat groats, garbanzos, green lentils, pinto and black beans.

Lane Community College Culinary Arts Program will be preparing several savory and delicious dishes with these ingredients for you to sample. Recipes will be provided. Come and partake in a locally grown adventure that you can pursue with gusto in your own kitchen!

April 30th, noon- 4pm, Hummingbird Wholesale Annex, corner of 3rd & Lincoln. Credit, debit, and SNAP cards accepted. More details on products and pre-ordering to come. Stay Tuned!

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## Pre Order Produce by E-Mail

Send an e-mail to [growers.market@gmail.com](mailto:growers.market@gmail.com) by Tuesday evening @ 6:30pm to preorder produce for that week.

*Brought to you by Southern Willamette Valley Bean & Grain Project, Hunton's Farm, Camas Country Mill, Open Oak Farm, Hummingbird Wholesale, Willamette Farm & Food Coalition, Lane Community College Culinary Arts Program, Lane County Fair Trade Campaign*

### **LOOKING FOR HELP PROMOTING FILM**

Perhaps you can help me as well as benefitting a friend or member of your community. **I am looking to hire someone locally part-time to help spread the word about the opening of an inspiration documentary film called I AM.** On **Friday, May 6**, a documentary feature film is opening in Eugene at the **BIJOU THEATER** -- **I AM, directed by Tom Shadyac.** The film celebrates compassion, empathy and cooperation. The film has opened in major cities and been widely supported by meditation, yoga, Buddhist, new age, interfaith, progressive, and spiritual communities. Any profits from the film will be donated to charitable causes.

[www.iamthedoc.com](http://www.iamthedoc.com) – watch the trailer for the film here.

Why I am contacting you: I am helping spread the word about the film and want to hire someone who is locally plugged into the spiritual / holistic / new age networks. Their job -- identify local organizations and leaders, send out emails, and distribute postcards up until the opening day. Probably 30 hours of time between now and **May 6**. We can afford to pay \$750 for this project. I am sharing this with you in hopes that someone connected with your community might be interested in doing this, has the time, and could use the work. Please feel free to forward this email to anyone who you think might enjoy doing this.

Thanks, Josh Baran, [jcbaran@gmail.com](mailto:jcbaran@gmail.com), 917-797-1799  
P.S. No previous experience promoting a film is necessary. The person should be out-going, enjoy connecting, and be energetic. Of course, they will be able to see the full film before deciding to work on this. Since I feel that you should love the film if you are going to promote it.

### **FOR RENT**

Cozy 2 bedroom house with artists studio in Eco-Village/ Permaculture Project. Shared yard, greenhouse, gardens, chickens, shared chores. Electric heat, W&D hookups, storage, high speed internet, Whiteaker neighborhood. \$795.00./ Mo. + utilities. Beekeeping experience a plus. Move in costs include 1st + last + deposits. No smoking on property. No pets. Available first week of May. (541) 683-0626

[www.arttrekinc.com/possumplace/](http://www.arttrekinc.com/possumplace/)

### **BOARD OF DIRECTORS CANDIDATE STATEMENTS**

#### **Michael Schapiro**

Michael has been a member of Grower's Market beginning in 1995, when he first moved to Eugene. He has served on the Board once in the late 90's and has served two consecutive years since 2008. Michael is nearly certified as a public accountant and works for a local accounting firm in the Eugene area. He also is cofounder and executive director of a non profit organization that works extensively in Haiti. Michael wishes to further all the wonderful things that Grower's provides for our community by assisting the Board with various accounting and financial oversight. -Michael Schapiro

#### **Bob Jones**

Hello. I am running for reelection to the Growers Market Board of Directors. Here's my story:

My partner and I have been regular shoppers at Growers since shortly after we moved to Eugene back in 1988. She and/or I have regularly held sundry strawboss jobs at the market for most of that time.

For the past 10 years or so we have been the mainstays of one of Growers' two cheese-cutting crews. I joined the Growers BoD last year and am excited about all of the positive developments that I've seen for the market as well as the building and our tenants. I'd like to continue to be a part of that progress. There are many levels of community within Growers that all warrant attention, and I think I can help foster that as well as help enhance the shopping experience.

### **CALL FOR BOARD CANDIDATE STATEMENTS**

Our Growers annual meeting is coming up on April 29th at 6pm! At this meeting we look over what has gone on in the coop and the building (including financial overview) as a whole in the past year. We also come together to connect as a community, elect a new board, and to eat pizza! We are asking that anyone interested in being on the Growers board submit a candidate statement to the gazette in the next few weeks. This will enable our membership to know a little about the people they will be asked to select from at the annual meeting. Just a paragraph or so about who you are, your role at Growers (upstairs or down) and what you hope to bring to the board. These statements will be posted to the gazette over the month before the meeting and we hope to have them at least 3 weeks before the meeting. I look forward to seeing all of you at the annual meeting, upstairs at the round table, April 29th at 6pm! Thanks for being Growers! Jaci

*Send submissions to [garbanzo@lists.opn.org](mailto:garbanzo@lists.opn.org). You can also put articles in the garbanzo box at Growers. Newsletter copy deadline is 5:00 pm Wednesday. Market hours are Tuesdays 5-7pm; Thursdays 2:30 to 7:30 pm and Fridays 9:00 am to 6:30 pm. An orientation to Growers is held each Thursday at 1:30. The Growers email list includes an electronic banzo, events notices, and other misc. info. [growers@lists.opn.org](mailto:growers@lists.opn.org) To subscribe via email, send a message to [growers-join@lists.opn.org](mailto:growers-join@lists.opn.org) Growers Market: 541-687-1145*

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