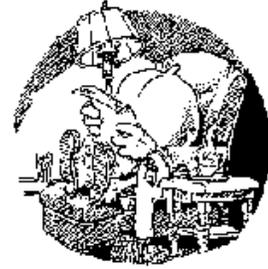




# The Garbanzo Gazette

October 4, 2012



Growers Market's Weekly Newsletter

## GROWERS MARKET NEWS

### Help Wanted

**Tues:** Closer approx 7-8pm. Contact Myriah at 541-343-6008 or Shana at 541-525-5373 or stop by on Tues.

**Thurs:** Cashiers needed – Contact Coordinator on duty.

### **Alternate Week Coordinators:**

Thursday Morning 9-12

Thursday Afternoon 12-4:30 – Contact Laurie (stop by thurs)

**Website:** <http://GrowersMarket.net>

## STRAWBOSS POSITION – CHEESE CUTTING

Open Strawboss position. Cheese cutting opportunity for crew of 1 or 2 people. Job takes approximately 1.5 to 2 hours every other week, and involves using clean techniques, following cutting guidelines, filling out labels, filling out data sheet, using scale to weigh cheese pieces & calculate prices, coordinating with other cheese cutting crew. Contact Karen @ [kzaustin27@gmail.com](mailto:kzaustin27@gmail.com) or 541-510-9521.

## DRY GOODS NOTES

royal blue og blue 'jam' berries are back in stock in the freezer. jam means they were a wee bit soft when picked and they are quite tasty. we should have stahlbush cranberries in stock as well. crunchy peanut butter could be back in stock at the end of the month. next week we should have some late july chips back and fair trade stevia sweetened chocolate bars. speaking of stevia we have a small supply of stevia in packets in boxes of 100. in the cooler we have goodies from healthy baking company, vegan, heart healthy and good. people asked for them so they are here. there are a few 'cafe mam' ceramic go cups in stock, these may be the last we can get as they may be discontinued by cafe mam. if you would like more tell me soon. thanks, sue 541-688-6679

## REGARDING THE WALK-IN

there is a sign posted on the walk-in door that asks people to check in with the co-ordinator on duty BEFORE you go into the walk-in. why do we ask this? to keep things

organized, fresh and undamaged. case in point....elise called me last week with the unhappy news that someone had opened the backstock of raw cashews and left the bag open. bummer! we had to discount what was left resulting in a \$45 dollar loss to growers, to all of us. this is not the first time something like this has happened and i would like you to remember why we don't want everyone in the walk-in looking for stuff. CHECK IN FIRST! we try and keep prices as low as we can so when we lose \$ because someone wasn't careful is a drag. sue

## THE FLOOR

just in case the floor crew was able to get the floor by the walk-in done over the weekend----yea!!!!!!!!!!!!!!!!!!!! sue

## VOLUNTEERING AND GROWERS

for those of you who may be new to this amazing community, yes growers is a community, welcome. this community thrives on volunteer energy, everyone here who is doing a job is a volunteer. years past in order to shop here one had to volunteer, we need more of you now to help out with keeping growers healthy and happening. there should be a list of 'strawboss duties' in this issue. we also need regular volunteers to do the day to day tasks like keeping us clean, help with set up and closing. you earn work credit which grants you the discount. you get to join in with the people who see growers as far more than a place to shop. come be a part of this community, it rocks. sue p.s. yes i am talking to you!

## TRAITOR BRANDS

The Organic Consumers Association is calling for a boycott of companies that are helping to fund the campaign against the GMO labeling ballot initiative in California. The companies and "traitor brands" include: Kellogg's (Kashi, Bear Naked, Morningstar Farms); General Mills (Muir Glen, Cascadian Farm, Larabar); Dean Foods (Horizon, Silk, White Wave); Smucker's (R.W. Knudsen, Santa Cruz Organic); Coca-Cola (Honest Tea, Odwalla); Safeway ("O" Organics); Kraft (Boca Burgers and Back to Nature); Con-Agra (Orville Redenbacher's Organic, Hunt's Organic,

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### Pre Order Produce by E-Mail

Send an e-mail to [growers.market@gmail.com](mailto:growers.market@gmail.com) by Tuesday evening @ 6:30pm to preorder produce for that week.

Lightlife); and PepsiCo (Naked Juice, Tostito's Organic, Tropicana Organic). –Milton

### **PLANET'S WISH LIST**

Because I Gave Most Everything Away When I Left Eugene last November, I would appreciate the following: Futon Mattress with Wooden Frame and Basic Kitchen Things. Message phone for me: (541) 461-2695.. Many Blessings Planet

### **SANCTUARY FOR SOFIA**

request to the universe, sattvic/peaceFull h'Om for one sufi initiate....Free of drugs/alcohol/meat/loud music... prefer: hardwood/tile floors, spaciousness (tho not necessarily large) interiors with lots of natural light and very little furniture, space for dance and yoga, acceptance of middle east living style (how i am comfortable living) : sitting on the floor, eating with hands, lots of quiet...i LOVE plants and would fill the home with them...also intending a garden and want to have a puppy at some point... prefer: to trade service as a reiki master and live food chef for rent please connect with me for all appropriate offers and leads...with gratitude sofia salaam.sofia@gmail.com

*Send submissions to [garbanzo@lists.opn.org](mailto:garbanzo@lists.opn.org). Newsletter copy deadline is 5:00 pm Wednesday. Market hours are Tuesdays 5:30-7:30pm; Thursdays 2:30 to 7:30 pm and Fridays 10:00 am to 6:30 pm. An orientation to Growers is held each Thursday at 1:30. The Growers email list includes an electronic banzo, events notices, and other misc. info. [growers@lists.opn.org](mailto:growers@lists.opn.org) To subscribe via email, send a message to [growers-join@lists.opn.org](mailto:growers-join@lists.opn.org) Growers Market: 541-687-1145*

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