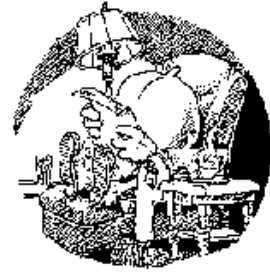




# The Garbanzo Gazette

May 8, 2014



Growers Market's Weekly Newsletter

## GROWERS MEETINGS

Growers Board – Tues 5/27, 5:30pm at Growers

## STRAWBOSS POSITIONS AVAILABLE

Friday mid-day cashier 1-4

Every other Friday evening cashier 4-7

Tuesday backup cashier: 5:30-7:30, 1-2 times/month

Tuesday every other week closer, approx 7-8

Every other Thursday closer

\*If interested, then talk to the coordinator when you are at Growers and submit an application\*

## CASHIER NEEDED!!!!

the shift is 6:30-7:30 every other thursday. this is nathan's co-ordinator shift so talk with him. you can shop then cashier and everyone is happy! thank you.

## DRY GOODS NOTES

united (unfi) keeps dropping items from their catalogue. some of the items we've picked up from other sources and the price is higher, some items we may not be able to get again, mochi for instance. one thing returning is og rice vinegar, thanks azure. most natural value tomato products are out of stock until the crop comes in, maybe the end of june. dried mango is out for two weeks or so and frozen strawberries may be back by country fair.

## CO-OP PRICES

In recent years, the Growers Market co-op has increased its contribution to the general fund, and also increased the coordinator food credit. I don't see any reason to regret these decisions, but the coordinators are considering a small increase in the co-op's mark-up on some or all of the items we sell, which would result in higher prices. We have been doing price comparisons between Growers and other retailers in Eugene. --Milton

## 'GROWING' GROWER'S MARKET COMMUNITY

*An occasional series helping build relationships with our upstairs neighbors*

**MindFreedom International**, founded in 1986

Did you know that one of the main independent activist groups seeking mental health change is directly upstairs? In mental health advocacy, almost all activity is funded by the mental health system itself. MindFreedom is one of the few groups to refuse funding from the mental health industry or government. MFI unites dozens of affiliate and sponsor groups, along with individual members, into a coalition that fights for human rights and alternatives in the mental health system. Some have called MFI the "Amnesty International" of mental health, because MFI works for humane alternatives to such human rights abuses as forced electroshock, forced psychiatric drugging, and more.

Drop by the MindFreedom office upstairs to get a free copy of their award-winning MindFreedom Journal, or find access to back issues. Or check any of the books out in their little library. You can also sign up for free e-mail alert systems for Lane County, Oregon and internationally. MindFreedom has a local affiliate that has regular meetings every first Wednesday at 5:30 pm, usually at the Grower's Roundtable in the larger common room upstairs. You can join or volunteer also. For local info go to [www.mindfreedom.org/lane](http://www.mindfreedom.org/lane), phone [541.345.9106](tel:541.345.9106), or e-mail [office@mindfreedom.org](mailto:office@mindfreedom.org)

## FOR RENT

Large 3 bedroom House in Whiteaker Permaculture Project - \$925. Established Gardens • Greenhouse • Drip Irrigation • Shared yard • Washer / Dryer hookups. \$925. per month + utilities, first and last + deposits. We are looking for people that like to garden, do not use tobacco, and do not have any pets. Beekeeping experience a plus. Available first week of May. Call Ruth and Sterling @ (541) 683-0626.

*Send submissions to [garbanzo@lists.opn.org](mailto:garbanzo@lists.opn.org). Newsletter copy deadline is 5:00 pm Wednesday. Market hours are Tuesdays 5:30-7:30pm; Thursdays 2:30 to 7:30 pm and Fridays 10:00 am to 6:30 pm. An orientation to Growers is held each Thursday at 1:30. The Growers email list includes an electronic banzo, events notices, and other misc info. [growers@lists.opn.org](mailto:growers@lists.opn.org) To subscribe via email, send a message to [growers-join@lists.opn.org](mailto:growers-join@lists.opn.org) Growers Market: 541-687-1145, [GrowersMarket.net](http://GrowersMarket.net)*

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## Pre Order Produce by E-Mail

Send an e-mail to [growers.market@gmail.com](mailto:growers.market@gmail.com) by Tuesday evening @ 6:30pm to preorder produce for that week.