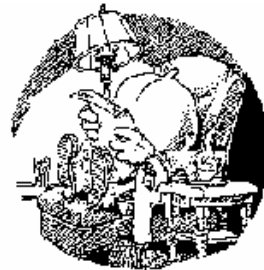


The Garbanzo Gazette

December 29, 2005



Growers Market's Weekly Newsletter

Celebrate the new year with cheer at Growers: help with inventory tomorrow and Saturday!

INVENTORY: HELP AND EARN CREDIT

Growers needs lots of help with the year-end inventory. Students and other busy people might take the opportunity to earn some work credit. This year, we are going to try doing inventory on two different days: Friday, December 30th, starting at 6 pm, and Sunday, January 1st, starting at 10 am. If people are shopping on Friday while we do inventory, that will have the effect of inflating the inventory total slightly in favor of the IRS. I don't know how long we will be working on either day, so I suggest calling 687-1145 (the Growers number in the phone book) if you are going to arrive after 8 pm on Friday, or 12 noon on Sunday. You can work for only an hour if you want. No experience is necessary. Wendy Loren will be coordinating the weighing and counting, but other people can also help explain the procedure.

STRAWBOSS POSITION AVAILABLE

Looking for a strawboss replacement ASAP 1-1/2 to 2 hours every other week to take care of the dairy cooler, and the freezers. For more details on the position talk to Janine at growers or Stephanie 767-3689.

DRY GOODS NOTES

Reminder -- due to poor crops this year -- all things almond are going up in price.

We have some new items for your enjoyment: Higher Power trail mix -- live OG ingredients; spicy thai and cheddar beer Kettle chips; Green & Black's OG chocolate ginger bars; "Just For Kids" traditional medicinal teas; Hatch 5-pepper enchilada sauce; Calistoga mineral water is back!!

As always if there is an item you would like to see at Growers let me know, maybe we can get it.

Thanks, Sue

CHINESE TONIC HERBS

Saturday, January 28th, and Saturday, February 4th, 2006, Noon - 3pm (6 hours total) Cost: \$55

Learn useful philosophical, nutritional and medicinal aspects of each tonic herb. Enjoy experiencing '5 flavors' in teas, soup and food. Class meets at GivingTree Farm Herb Co., 1490 Jefferson St. To register, please go to

www.lanec.edu or call LCC Continuing Education at 463-5252. Class info is on p. 51 in the Winter 2006 Class Schedule or on-line in Continuing Education, Massage Therapy. Licensed massage therapists (LMT's) will receive 6 CE's. Call or email: *Wendy Loren & Lawrence Birch* (541)344-7534 or givingtree@earthlink.net

ROOM FOR RENT

Room for rent in bungalow home in Friendly Street neighborhood. Private entrance, kitchen, private bath. \$350, includes utilities and internet access. Looking for a wonderful, kind-hearted, family-friendly person who enjoys children. We would love to share our organic garden and fruit trees with you. If interested, please call Michelle at 485-2377.

RECYCLE ALL THAT CHRISTMAS FOAM!

Residents - Saturday, January 7th, 2006, 9:00 am - 3:00 pm, Businesses - call 682-4339 for an appointment. Located at the Glenwood Transfer Site, 3100 E 17th Avenue. All material must be cleaned and dry. Materials accepted at this one-day event:

- #4 Polyethelene: bendable block foam
 - #5 Polypropelene: block foam that is not brittle, hard to break up.
 - #6 Polystyrene: block foam that is brittle and snaps easily
 - Foam food trays, any color, also accepted, must be cleaned and dry
 - Foam packaging peanuts, any color. Bagged separately.
- Sponsored by Lane County Public Works, Waste Mngmt Division, Recycled by PC Plastics of Portland, Oregon

Send comments or article submissions to garbanzo@lists.opn.org. If you don't have computer access, you can put articles in the garbanzo box at growers. Newsletter copy deadline is 5:00 pm Tuesday. Market hours are Tuesdays 5-7pm; Thursdays 2:30 to 7:30 pm and Fridays 3:00 to 6:30 pm. An orientation to Growers is held each Thursday at 1:30. The Growers email list includes an electronic banzo, events notices, and other misc. info. growers@lists.opn.org Growers Market: 687-1145