

What's Up

Sue's pricing update

A flashback, of sorts; Apparently there has been a disruption in the recycled fiber supply, currently there is no recycled toilet paper available so we will be getting bamboo toilet paper in the interim. It is more expensive and I'm looking for the best prices so we might have different brands, sizes, wrapped or not while this disruption plays out, remember, bamboo is sustainable. Right now, we have Azure brand, unwrapped, in a couple of weeks there is another brand going on special and if i can i will stock up for us.

In other news, prices are, once again, getting volatile. Chocolate, rice, vinegars(!), and other items are going up. Chocolate, in particular, is seeing big price hikes, droughts, fires, conflicts, crop failures are all part of the increases, the 70% chocolate went up 125% in the last few weeks. We are now getting THCO 62% organic chocolate, this is the same source as our 100% chocolate, it is fair trade, they work with and support the chocolate farmers and their communities. All four of our major suppliers carry some rice, most of our rice is grown by Lundberg and prices vary with suppliers so I keep checking for the best prices. Many of our vinegars will now come from Azure, better price and packaging. Each week I am spending more time looking for better prices, they can change week to week, please be patient as we go through all of this.

Help Wanted

Thursday

Coordinator
12:30p - 4:30p*
(Can be split up?)
Closer (produce)
7p-?*

Friday

Cashiers
12-2p* & 2-4p*
Coordinator
2p - 6p*
*Every other week

Other

Dried Fruit & Nuts Crew
(2-3 hours weekly)
Talk to Elise if interested



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The Garbanzo Gazette

Cooperative food buying since 1971

Fare thee well

Arjen departs for a new life in Europe

The Growers Market website homepage states: "Coordinators - there are a small handful of members who oversee the regular operations of the Market on Thursday and Friday". For the past ? years, Arjen has been one of our faithful Thursday coordinators. When it is his turn to take a shift, you can count on him being there. For 4 hours. One of the longer shifts taken by volunteers during the week. There isn't enough ink in the stamp pad to give him the pumpkins he has earned over the decades.

The past few years have seen him traveling more, tossing out threats that he would move, giving us all time to warm up to the idea that he would leave us permanently ... one day ... but never today ... not just now. And so, now that it is time to actually say farewell, we are sad for ourselves and the loss of our friend, the loss of our stable Thursday Coordinator making sure everything is up and running smoothly for shoppers. This community is truly appreciative of everything Arjen has brought to Growers over

the years. We look forward to pictures and stories from France and other far away places, but it won't be the same as when he returns to show the pics and tell the stories in person with his Dutch accent and great laugh. Going forward, how are Joan and the other short people going to get the oil and honey up on the shelf? If someone buys 13 cosmic crisps at .78 each...who will quickly do the math for the poor cashier (Leah) who can either hit the add button 13 times or dink with the calculator? And who - who - will eat the rice in the container with the moths flying around in it so it won't go to waste, because after all it's just extra protein and they are organic!

Arjen - we are sad to lose you, but excited for your next chapter overseas. You are a true Grower at heart and once a Grower - always a Grower. Should you ever find yourself in Oregon on a random Thursday, please know you can take up where you left off starting right about 12:30p.m.

And do share your address in case any of us finds ourselves on a remote bike path in the French countryside one of these days...



"13 Cosmic Crisps at \$.78 each, that's \$10.14!"

Join us in saying farewell
Thursday, April 10 12:30-4:30p

Fire at Growers & thank you Eugene Fire Department!

At 3am on February 21 the fire department called Growers to inform us that someone had set fire to the sliding door on the west side of the building. Fortunately the fire was caught early and did not spread into the building. Unfortunately the fire department had to chop through the door and much of the mural was destroyed.



Supplier Update



Granola news, we have been waiting for seven months for an order from Grizzlies Granola, there have been several reasons that production was delayed and now it looks like Grizzlies is going through the process of closing shop. We've carried Grizzlies for over 35 years, losing them makes me very sad. Other granolas we've had are no longer available. So, we will be bringing in new granolas, at least one or two will be organic, there just aren't many bulk organic granolas on the market. There is an organic blueberry flax granola, organic crispy rice, and Bob's muesli not organic that I will be ordering soon. We may end up trying a few different ones until we find ones that really like. Suggestions are most welcome. So far, we've been able to keep eggs in stock, largely due to Azure, when I ordered eggs from UNFI there was a one case limit!

Roasted Cauliflower, Carrots & Feta Cheese

1 head cauliflower, cut into florets

1 lb carrots, sliced

1 red onion, thinly sliced

1 ½ tablespoons olive oil

1 teaspoon paprika

1 teaspoon garlic powder

Pinch of salt + pepper

Feta cheese



Optional: Parsley, thyme, lemon juice

Preheat oven to 400 and line a baking sheet with parchment paper. Wash veggies and separate the cauliflower into florets, cut the carrots into diagonal slices, and the onion into slices. Arrange the cauliflower, carrots, and onions on the pan. Toss with olive oil, paprika, garlic powder, salt & pepper, ensuring they are well coated. Roast in oven until veggies are tender and brown around the edges, approx 30 minutes. Once roasted, add a squeeze of lemon juice and sprinkle with herbs and crumble feta cheese and toss well. Can refrigerate leftovers for 3-4 days in an airtight container.

-Leauriy



Once again, the dry goods crew is asking that you do not remove empty jars from the shelves, having to look for them wastes our time, we'd rather be stocking things, not stalking jars. Thanks.

The Grind

This year there has been a noticeable shift in buying patterns, for example chip and plant milk sales have dropped by a lot so I'm putting up a new 'requested items' list on the post near the cash registers. When requesting something please print clearly, brand names help the search, print your name and contact. This is not the place to say, 'we're out of... whatever'. We have a great dry goods crew who do inventories and orders each week, our orders arrive Wednesday and Thursday there are days when we haven't had a chance to stock some things that have just arrived.

Contribute!

Want to be featured in future issues of the newsletter? We need stories, announcements, events, and especially photos. Please email Rachel & Moth content or ideas to include:

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